



# Successful Aging Institute

For additional information  
call 541-463-6262 or  
visit us on the web at  
[www.lanecc.edu/sai](http://www.lanecc.edu/sai).

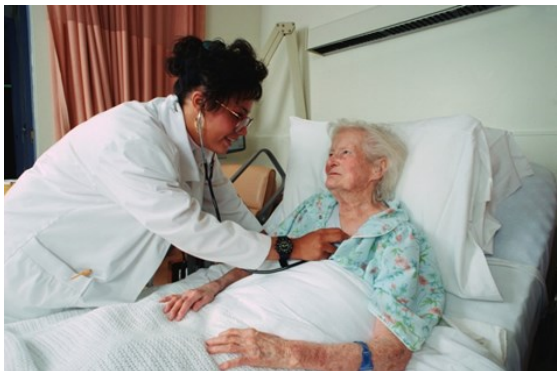
## Enhancing Lives through Collaboration

### Personal Care Aide Training

*Would you like to get paid for giving professional quality care?*

*The Successful Aging Institute can help you achieve this goal  
through our 40-hour Personal Care Aide Training!*

**Free Personal Care Aide  
Preview Presentation**  
**Tuesday, October 1, 5:30 –  
6:30 p.m.**  
**Location: LCC Downtown  
Campus, Room 104**  
**No charge**



**Fall Term 2013 - Personal Care Aide Training**  
**Tu/Th, October 8-November 28, 5:30 to 8:30 p.m.**  
**Location: LCC Downtown Campus, Room 216**  
**Instructor: Miller-Hoyt & Welch**  
**Cost: 40 hours \$359**

### Points of Interest:

- Class Highlights August
- Senior Companion Program Recruiting
- SAI & SCP office closed September 23 for Employee In-service

## September Classes

Look for these, and other  
exciting classes during the  
month of August:

- AARP Driver Safety
- Arthritis Exercise Program
- Basic Floral Design for Personal Use
- Beat Diabetes Through Exercise
- Getting Along at Work
- Happy Bellies, Happy Bodies
- Nia Technique Mind-Body Fitness
- School Garden Project Volunteer Training
- What Can I Share about Wills & Trusts?

For a full listing of SAI  
classes visit:

[www.lanecc.edu/sai/course-  
descriptions](http://www.lanecc.edu/sai/course-descriptions)

### Newsletter Opt-Out

If you no longer wish to  
receive the SAI Newslet-  
ter, please e-mail your re-  
quest to:

[dressert@lanecc.edu](mailto:dressert@lanecc.edu)

### Senior Companion Program

#### Rural Outreach Assistance Needed

The Senior  
Companion  
Program of  
Lane County  
is currently



recruiting men and women who are 55  
and better and meet low income guide-  
lines to work at the following locations:  
**Eugene, Florence, Junction City, Oa-  
kridge, and Veneta.**

Senior Companions receive extensive  
training and support as well as an hourly  
tax-exempt stipend of \$2.65/hr and  
some reimbursement for meals and  
mileage.

For more information call (541) 463-  
6260 or apply online at  
[www.lanecc.edu/scp](http://www.lanecc.edu/scp)

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SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.

