



# Successful Aging Institute

For additional information  
call 541-463-4634 or  
visit us on the web at  
[www.lanecc.edu/sai](http://www.lanecc.edu/sai).

## Enhancing Lives through Collaboration



During the month of December SAI, the Senior Companion Program, and Continuing Education will be moving to our new location at **101 W. 10th Ave.** across from the Eugene Public Library.

Our move will begin the second week of December and our doors will open to the public at our new location on January 2nd .

*Visit our office in the beautiful, new Downtown Campus beginning in January 2013.*



If you would like to see the progress of our new campus visit <http://www.lanecc.edu/dc> and click on the Video/Webcam/Photos link at the top of the page.

### Contact info after move:

**SAI:** (541) 463-6262

**Senior Companion Program:**  
(541) 463-6260

## December Closure

SAI and the Senior Companion Program office will be closed December 24- January 1, in observance of the holiday season!



All of us at SAI want to wish everyone a very safe and happy holiday season!

## Senior Companion Program

The Senior Companion Program of Lane County is currently recruiting men and women who are 55 and over that meet low income guidelines in *Eugene, Springfield, Oakridge, & Creswell*.

Senior Companions receive extensive training and support as well as an hourly tax-exempt stipend of \$2.65/hr and some reimbursement for meals and mileage.

Our next informational meeting/training will be held on December 10th & 13th.

*For more information about the Senior Companion Program or to apply, call 541-463-4630 or visit us at [www.lanecc.edu/SCP](http://www.lanecc.edu/SCP).*

## SAI Thanks our Platinum Sponsors!

Please take a moment to visit our Sponsor's websites by clicking on their logo below.



For additional information or to become an SAI sponsor please visit [www.lanecc.edu/sponsorship](http://www.lanecc.edu/sponsorship)

## Points of Interest:

- We are moving!
- Holiday Closure
- Senior Companion Program
- Winter Classes

## Winter Classes

By now you should have received your Lane Community College Community Education class schedule in the mail. Look for these, and other exciting classes beginning in January:

- Aging in Place
- Become a Medicare Expert
- Cooking Americana
- CPR/AED/ First Aid for Adults
- Indoor Cycling Adventures
- Transitions: Recreating Your Life
- Yoga for Transitions

*For a full listing of SAI classes visit:*

[www.lanecc.edu/sai/course-descriptions](http://www.lanecc.edu/sai/course-descriptions)

## Newsletter Opt-Out

If you no longer wish to receive the SAI Newsletter, please e-mail your request to:

[dressert@lanecc.edu](mailto:dressert@lanecc.edu)

*SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.*

