

For additional information call 541-463-6262 or visit us on the web at www.lanecc.edu/sai.

Enhancing Lives through Collaboration



We invite you to join us for our Grand Opening on Friday,
March 15 from 1-2 p.m.

Our beautiful new office is located at **101 W 10th Ave, Ste. 133**, directly across from the Eugene Public Library.

Additional information about our programs can be found on the web at www.lanecc.edu/sai for the Successful Aging Institute and www.lanecc.edu/scp for the Senior Companion Program.

If you have additional questions please feel free to contact us by calling *SAI at* (541) 463-6262 or the *Senior Companion Program at* (541) 463-6260

SAI Thanks our Platinum Sponsors!

Please take a moment to visit our Sponsor's websites by clicking on their logo below.







For additional information or to become an SAI sponsor please visit www.lanecc.edu/sponsorship

Senior Companion Program

The Senior Companion Program of Lane County is currently recruiting men and women who are 55 and better and meet low income guidelines in *Eugene, Springfield, Oakridge, Cottage Grove, & Creswell.*

Senior Companions receive extensive training and support as well as an hourly tax-exempt stipend of \$2.65/hr and some reimbursement for meals and mileage.

Our next informational meeting for the Senior Companion Program will be held on Thursday, March 7th at the Campbell Community Center from 2:30-4 p.m.

For more information about the Senior Companion Program or to apply, call (541) 463-6260 or apply online at www.lanecc.edu/SCP.

Getting Paid for Giving Care

Have you ever considered caregiving as a career? We will be holding a free informational class, *Getting Paid for Giving Care*, at Olive Plaza on Tuesday, February 19 from 10:30 - Noon.

This class is for anyone interested in the Senior Companion Program or professional caregiving. Please contact Olive Plaza at 541-683-3247 to sign up for this informative class.

February Holiday

Our office will be closed on Monday, February 18, in observance of the Presidents Day!



Points of Interest:

- Grand Opening!
- February Classes
- February Closure
- Getting Paid for Giving Care
- Senior Companion Program

February Classes

Look for these, and other exciting classes during the month of February:

- Aging in Place
- CPR/AED/First Aid for Adults
- Indoor Cycling Adventure
- Intro to lyengar Yoga
- Motivated Seniors
- Nia for Bone Density Workshop
- Providing Safe & Effective Home Care
- Seniors in Motion:
 Deep or Shallow Water
- Threshold Intensive Home Ownership

For a full listing of SAI classes visit:

www.lanecc.edu/sai/course -descriptions

Newsletter Opt-Out

If you no longer wish to receive the SAI Newsletter, please e-mail your request to:

dressert@lanecc.edu



SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.