



# Successful Aging Institute

To register for classes  
call 541-463-4634 or  
visit us on the web at  
[www.lanecc.edu/sai](http://www.lanecc.edu/sai).

## Enhancing Lives through Collaboration

### Moving on - Congratulations!

At the end of June, Diana Gatchell will be leaving after nine years with the Senior Companion Program. We wish her the best in her future endeavors. You will be missed, Diana!

### Summer Term Begins June 25th!

Summer term registration begins on June 5th! Don't miss out on the variety and affordability of our classes! SAI and our community partners are proud to bring a wide array of classes to the community. Classes are offered in fitness, gardening, cooking, caregiving, home buying, financial education, and much more! The following classes are just a sample of our offerings:

*Medication Safety* (LCC Downtown Center)

*Providing Excellent & Safe Home Care* (LCC Downtown Center)

*Arthritis Foundation Exercise Program* (River Road Park & Recreation)

*Yoga to Lower Stress* (Eugene Yoga)

*Sumer Cooking: The Grill & Beyond* (River Road Park & Recreation)

*Long-Term Care Planning* (Solvang Independent Retirement Living)

*Tell Your Story & Lower Your Stress* (Garden Way Retirement)

*Intro to Bicycle Safety & Maintenance* (Paul's Bicycle Way of Life)

For additional information about these and other SAI summer term classes see the attached list of classes in your e-mail.

### SAI Thanks our Platinum Sponsors!

Please take a moment to visit their websites by clicking on their logo.



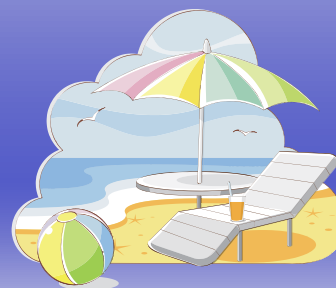
For additional information or to become an SAI sponsor please visit

[www.lanecc.edu/sponsorship](http://www.lanecc.edu/sponsorship)

*SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.*

### Points of Interest:

- Congratulations
- Summer term registration and classes
- SAI Sponsors & Sponsorship



### Upcoming Dates to Remember

**June 5** - Summer term registration begins

**June 17** - Father's Day

**June 20** - First day of Summer

### Newsletter Opt-Out

If you no longer wish to receive the SAI Newsletter, please e-mail your request to: [dressert@lanecc.edu](mailto:dressert@lanecc.edu)