



# Successful Aging Institute

To register for classes  
call 541-463-4634 or  
visit us on the web at  
[www.lanecc.edu/sai](http://www.lanecc.edu/sai).

## SAI: Enhancing Lives through Collaboration

### ALMOST FULL - Register Today!

Join the Successful Aging Institute in partnership with AARP Oregon, Senior & Disabled Service, ARC of Lane County, and local employers on March 7 for a full-day conference titled: "Is Caregiving YOUR Encore Career?"

To register e-mail [dressert@lanecc.edu](mailto:dressert@lanecc.edu) or call 541-463-4634.



### SAI Thanks our First Ever Platinum Sponsors!

Please take a moment to visit their websites by clicking on their logo.



For more information or to become an SAI sponsor please visit  
[www.lanecc.edu/sponsorship](http://www.lanecc.edu/sponsorship)

### CPR/AED/First Aide for Adults - Tuesday March 20th, 9-3 p.m.

This BasicPlus Program is designed for the occupational first aid provider. Class includes books, hands on instruction, lunch and certification. All adults are welcome. Instructor: Van DeHey & Coxen

**To register call Sheldon Park Assisted Living & Memory Care 541-344-1078.**

### Make a Difference, the Senior Companion Program Needs YOU!

For additional information about the Senior Companion Program call 541.463.4630 or visit [www.lanecc.edu/scp](http://www.lanecc.edu/scp). **NOTE:** Those in need of Senior Companion services are invited to contact the Aging & Disability Resource Center at 541-682-4038.

*SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.*

### Points of Interest:

- Caregiving Conference
- SAI Sponsors & Sponsorship
- First Aid CPR/AED Training
- Senior Companion Program Recruiting



### Upcoming Dates to Remember

- ♦ **March 7**– Caregiving Conference

### Newsletter Opt-Out

If you no longer wish to receive the SAI Newsletter, please e-mail your request to: [dressert@lanecc.edu](mailto:dressert@lanecc.edu)