



Successful Aging Institute

To register for classes
call 541-463-4634 or
visit us on the web at
www.lanecc.edu/sai.

SAI: Enhancing Lives through Collaboration

Is Caregiving YOUR Encore Career?

Join the Successful Aging Institute in partnership with AARP Oregon, Senior & Disabled Service, ARC of Lane County, and local employers on March 7 for a full-day conference titled “**Is Caregiving YOUR Encore Career?**” This conference will focus on the dual challenges of chronic long-term unemployment among people age 50+ and the growing need for professional caregivers serving older adults and people living with disabilities. Space is limited. Register now! To register call 541-463-4634 or visit www.lanecc.edu/sai.



Find Your Fun with February Classes!

Join the SAI and our wonderful collaborative partners during the month of February. There is something for everyone! During the month of February you will find classes to spark interest no matter what you enjoy! Look for West African Fitness, West African Drumming, Long-term Care Planning, Personal Care Aide Training, and many more! For a full listing of winter term classes visit www.lanecc.edu/sai/courses.

Make a Difference, Become a Senior Companion!

Are you age 55 or better? Want to volunteer 15 or more hours weekly? Have a limited income? You can make a difference in the lives of others and earn a small tax-free stipend! (\$2.65/hr). For additional information on becoming a Senior Companion call 541-463-4630. For additional information about the Senior Companion Program visit www.lanecc.edu/scp.

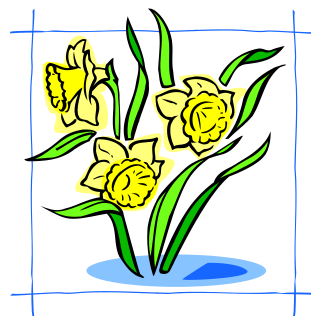
NOTE: Those in need of Senior Companion services are invited to contact the Aging & Disability Resource Center at 541-682-4038.

SAI at Lane Community College strives to enhance the lives of mature adults, and those who nurture their success, through vibrant collaboration, education and innovation. Explore new careers, including those related to work with older adults; cultivate skills for the third age of life; and enjoy stimulating interactive courses in a variety of disciplines. Tailored training for senior-related businesses is also available.

To register for SAI or one of our partner's classes visit www.lanecc.edu/sai/register

Points of Interest:

- March 7 Caregiving Conference
- Senior Companion Program Recruiting
- February classes



Upcoming Dates to Remember

- ♦ Feb 14 - Valentine's Day
- ♦ Feb 20 - College Closed
President's Day