



Successful Aging
Institute

April 2015

SAI E-Newsletter

As Seen in the *Register Guard* :

Seven organizations help support LCC's Successful Aging Institute

EUGENE, Ore.—The Lane Community College Successful Aging Institute (SAI) has received sponsorships from seven organizations: Cascade Manor \$5,000, Pinnacle Healthcare \$5,000, Waterford Grand \$5,000, Willamette Oaks \$3,000, Marquis Springfield \$2,000, ElderCare Resources Inc. \$1,500, and Addus HomeCare \$1,000. The donations will help SAI further its goal of enhancing the lives of older adults and those who serve them, through excellent and sustainable educational programming. SAI is a part of LCC Continuing Education, located in Lane's Downtown Campus. For more information, contact SAI at www.lanecc.edu/sai or (541) 463-6262.

Senior Companion Program Recruiting

Congratulations!!!



To all our Spring Term PCA students! They all passed with flying colors!! Great Job!!!!

Featured Spring Class:

Get a Job at 50+

Times are still tough. Lane County has excellent resources for older adults who want either paid or stipended work. Join representatives from WorkSource Lane, Goodwill Industries, Experience Work and Lane Community College to see how YOU can take the next step.

The Senior Companion Program of Lane County is currently recruiting men and women who are **55** and better and meet low income guidelines to work at the following locations: ***Eugene Senior & Disabled Services, Specialized Support Services, Oakridge, Veneta, Cottage Grove, and Florence.***



Senior Companions receive extensive training and support as well as an hourly tax-exempt stipend of \$2.65/hr and some reimbursement for meals and mileage.

For more information call (541) 463-6260 or apply online at www.lanecc.edu/scp

April Class Highlights:

Be Fit For Life: April 6 - May 11; 6:30 PM - 7:30 PM

iPad for the True Beginner: April 6; - April 16 10:00 AM - 12:00 PM

Enjoy Colored Pencil Drawing: April 8 - May 27; 10:30 AM-12:30 PM

Urban Homesteading 101: April 8 - June 3; 8:00 AM-10:00 AM

Personal Care Aide FREE Preview: April 9; 5:30 PM- 6:30 PM

Flavors of Sicily: April 18- April 25; 12:00 PM-3:00 PM

Co-sponsored by these organizations through LCC Successful Aging Institute. No pre-registration necessary. (SAI Course)

5:30-7:30 pm, Th, May 21, Downtown Eugene Public Library (2 hrs No charge)

Visit Our Sponsors

Cascade Manor



Pinnacle Healthcare



Waterford Grand



Willamette Oaks

Qigong: April 6- May 11; 12:15 PM - 1:15 PM

For more class information please call Elaine at 541.463.6262

To view all Spring term classes visit the SAI website by clicking [here](#).

Thank you for taking the time to read our newsletter. Your feedback and suggestions are welcome.

LCC Successful Aging Institute

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 Willamette Oaks
A LifeMinded Residence

Marquis Companies



ElderCare



Addus Homecare

