

Successful Aging Institute E-Newsletter



Successful Aging
Institute

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Successful Aging Institute

November Classes:

Nov. 4th Become a Senior Companion (2:00-3:30); Nov. 8th ABC's of Home buying (9:00-5:00); Nov. 3rd -Dec. 1st Beginning Yoga (7:00-8:15); Nov. 11th -Dec. 09th Beginning Yoga (12:15-1:30); Oct. 30th-Nov. 20th Fearless Drawing (1:00-3:00); Nov. 12th-Dec. 17th Living well with Chronic Conditions (10:00-12:00); Nov. 4th - Dec. 16th Nia Technique Mind-Body Fitness (5:30-6:30); Nov. 20th Safety with Medications (10:00-12:00);

The Senior Companion Program director presented a webinar entitled "Building & Sustaining a Successful Advisory Council" to 18 Georgia Senior Corps directors & Corporation for National & Community Service staff members, at their request, on 10-30-14. The invitation came after the director gave a similar presentation given last May at the National Senior Corps Association in San Antonio, TX.

Have You Heard about the Senior Companion Program?



U.S. Sen. Ron Wyden with Barbara Passarelli of ElderCare Resources Inc. on left and SAI/SCP Director Barbara Susman on right. 10-17-14

Senior Companion Program (SCP) volunteers Barbara Mitchell & Erika Seiferling and SAI/SCP director Barbara Susman participated in an invitation-only meeting with U.S. Sen. Ron Wyden on Oct 17, hosted by Trillium CHP. The meeting focused on services for chronically ill older adults, and training for those who serve them. The 22-person meeting was an excellent opportunity to publicize the 37 years of

weekly companionship visits and transportation Companion volunteers have given throughout Lane County, through the federal Program, to help frail elders and adults living with disabilities retain their independence and social connection. The Senator is well-acquainted with SCP, but had not known about SAI's award-winning Personal Care Aide class, nor the organizations which fully sponsor students - - including State of Oregon Vocational Rehabilitation, Confederated Tribes of Siletz, and Looking Glass Riverfront School. (The next PCA class will be offered in January. Look for details in the winter "Schedule." It and the updated www.lanecc.edu/sai web listing will be available by mid-December. Call SAI at [541-463-6264](tel:541-463-6264) if you want special notification of dates, etc.)

The "Successful Aging Institute Entrepreneurial Community Model" was presented last month at the National Council on Continuing Education and Training in Denver, CO. The model won a \$1,000 Schafer Innovation Award from Lane Community College earlier this year.

Thank You !!!!!

Cascade Manor and Pinnacle Healthcare, Inc. have each pledged \$5,000 sponsorships to support the work of Lane Community College Successful Aging Institute

and Continuing Education. Generating funding for these newly "self-supporting" college departments, these organizations and others will enjoy special

promotions through the college, through LCC Foundation. Contact Barbara at susmanb@lanecc.edu or [541-463-6264](tel:541-463-6264) to learn how YOU can become an SAI/CE sponsor or donor!

