



SAFER CAMPUS

Lane Community College, Department of Public Safety

In Service to Higher Education

Volume: 6 Issue: 1

Public Safety Makes Big Changes for Health

Public Safety will again attend the Health and Wellness Fair. This will mark the third year in a row of participation. The department typically sends several officers to staff the booth for a small presentation. The department has big plans to make a drastic overhaul of the booth into a one stop shop for all wellness needs.

Keeping with tradition, the booth will offer educational games and the opportunity to win prizes. The games will focus on trivia about living a healthy lifestyle or policies and procedures of Public Safety. In addition, this year's booth is slated to have interactive demonstrations on defensive tactics, Campus Community Emergency Response Team (C-CERT), the HazMat team, and more!

There will be full defensive tactics demonstrations every 30 minutes. These demonstrations will be open to the public! Participants can also get a free blood pressure check from Public Safety Emergency Medical Technicians. All of the Public Safety staff that are attending are fully licensed and certified in their field of expertise. Best of all, this will be free for participants.

If you are interested in learning more or volunteering with C-CERT, please contact Public Safety at (541) 463-5558, or email Cpl. Bower at bowerb@lanecc.edu. Did you know Public Safety periodically offers a free sexual assault and domestic violence prevention class? It includes a lecture portion and hands on defensive tactics portion. Contact Lt. Rupp at ruppl@lanecc.edu, Officer Miller at millerv@lanecc.edu, or Cpl. Sager at sagerr@lanecc.edu.



Public Safety Personnel for this project include:
Lieutenant Rupp, Officer-in-charge
Sergeant Ryker, Head Defensive Tactics Instructor
Sergeant Hanneson, HazMat
Corporal Sager, Rape Aggression Defense Instructor
Corporal Bower, Director of C-CERT, EMT;
Officer Williams, EMT, Assistant Defensive Tactics Instructor



What's inside this edition?

- Health & Wellness Fair
- Winter driving tips
- Officer you should know
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- Winter health tips
- Grain of salt

Recycle! Pass This Along! Recycle!

Driving Tips for Inclement Weather

This season has brought torrential downpour and snow to many areas. This has made the roadways very difficult to navigate at times. Students and staff can't be successful at LCC if they don't make it to campus safely. With that in mind, here are some tips for driving in inclement weather:



1. Turn headlights on. Whether it is dark or not, it is a good rule of thumb to keep headlights on in inclement weather. It allows the driver to see the roadway and each other more easily.

2. Give other drivers more room. In inclement weather your stopping distances are greatly increased. It's a good idea to give at least 1-2 seconds of extra following time. A good way to calculate this is to look at the vehicle ahead of you as it passes a stationary object. Count the seconds in your head until you pass the same object. The resulting number is the following time. Remember: the recommended following distance under normal conditions is 3-4 seconds.

3. Avoid hard braking. It's not advisable to brake excessively in snow or heavy rain because there is not as much surface area for the tire to grip. Instead of using the brakes, use the extra room to ease off the gas pedal before stopping is necessary. When applying the brakes, do so slowly to prevent a total loss of traction.



4. Avoid puddles and standing water. It doesn't take a lot of water to be susceptible to hydroplaning. If a significant amount of standing water is present then hydroplaning is highly possible.

5. Keep tires properly inflated and rotated. Tires already have a hard enough job in inclement weather. Avoid making it worse by having tires underinflated or bald. Some tire stores offer free rotations, inspections, or pressure checks as a perk for purchasing their tires.

6. Never use cruise control when driving on a slippery surface. Cruise control is a great tool for convenience but it has its flaws. The system works by detecting how fast the wheels are spinning and adjusting the speed accordingly. Using cruise control on a slick surface can produce a false reading and lead to disaster.

7. Remember the basic speed rule (ORS 811.100). Oregon Revised Statutes state that drivers must operate their vehicle in a manner that is reasonable and prudent, having due regard to traffic, the surface of the highway, the hazards, weather, visibility, and any other conditions. Always pay attention to the total picture and adjust accordingly. Consider the pictures below and decide if it would be reasonable and prudent to go normal highway speeds in those conditions.



CRIME SCENE OFFICERS YOU SHOULD KNOW



Officer Gerardo Arangure was born and raised in Los Angeles County, California and graduated from Roosevelt High School. Arangure attended East Los Angeles College.

Arangure came to Oregon three years ago when he received a job offer in the security division of a local creamery. Arangure discovered Lane Community College Department of Public Safety when he began searching for a part time job in law enforcement.

Arangure brings previous law enforcement experience to LCC from his time as a United States Border Patrol agent. He is a graduate of the U.S. Customs and Border Patrol Academy.

Throughout his career, Arangure has been as a school safety officer, Community Emergency Response Team (CERT) member, and a bike officer. Arangure holds CPR, first aid, and Department of Public Safety Standards and Training (DPSST) certifications. Officer Arangure became interested in law enforcement because he has family in law enforcement and wants to help people.

Officer Arangure has been with Lane Community College Department of Public Safety since August of 2015. Arangure said his favorite part about working on campus is being able to help the students. Over the next few years, Arangure hopes to learn as much about the campus law enforcement and continue to serve the community.

In his free time, Arangure enjoys hiking, playing basketball, and spending time with his wife and two young daughters.



ASR (Pepper Spray) Exposure Training

STOP CRIME!

REPORT SUSPICIOUS BEHAVIOR!

PUBLIC SAFETY: 541-463-5558 — EMERGENCY: 541-463-5555

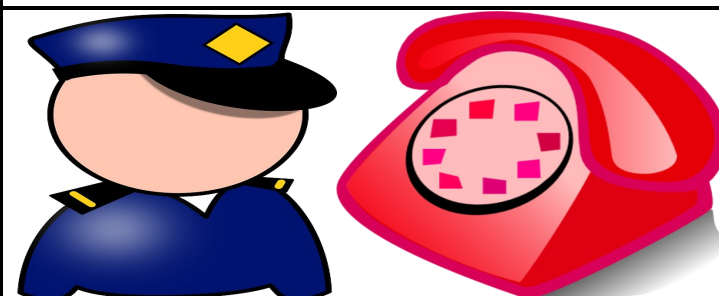


CALLS FOR SERVICE

***SELECT CASES FROM DECEMBER, 2015**

<p>December 01</p> <ul style="list-style-type: none"> Officer responded to a fire alarm activation with smoke visible at the downtown residence 	<p>December 08</p> <ul style="list-style-type: none"> Officer responded to the old downtown center to follow up with the subject illegally camping outside the building Officers responded to a report of males smoking marijuana Officers responded to a report of suspicious conditions in building 31
<p>December 02</p> <ul style="list-style-type: none"> Officers responded to a report of a disorderly subject in the forum building Officer contacted trespassed subject at the downtown academic building Officer responded to report of a dog at large and tobacco violation in lot 3 Officer assisted with a disabled vehicle in lot D LCSO requested LCC officers respond to a report of reckless drivers in lot M 	<p>December 09</p> <ul style="list-style-type: none"> Officers returned a lost purse to its owner
<p>December 03</p> <ul style="list-style-type: none"> Officer took a report of a stolen wallet Officer contacted two subjects engaging in lewd conduct inside a vehicle parked in lot L 	<p>December 10</p> <ul style="list-style-type: none"> Officer contacted two suspicious subjects on campus at closing time
<p>December 04</p> <ul style="list-style-type: none"> Officer assisted with a disabled vehicle Officer conducted enforcement on tobacco violation in lot C Officer conducted enforcement on tobacco violation outside Building 1 Officer assisted with a disabled vehicle in lot B Officer recovered box of empty beer bottles dumped in lot D 	<p>December 11</p> <ul style="list-style-type: none"> Officers conducted a traffic stop on a wrong way driver Officer responded to a report of a hit and run with property damage Officer responded to a separate report of an alleged hit and run with property damage
<p>December 05</p> <ul style="list-style-type: none"> Officer took report of destruction to college property at the west soccer field Officer responded to a medical emergency at the downtown academic building 	<p>December 13</p> <ul style="list-style-type: none"> Officer retrieved property belonging to Titan Court that was abandoned off campus Officer assisted with a disabled vehicle near the old downtown campus
<p>December 06</p> <ul style="list-style-type: none"> Officers contacted subject inside building 10 after hours Officers investigated a suspicious vehicle parked outside gate 12 Officer took report of damage to college property at the old downtown campus Officer observed a suspicious subject kick his skateboard towards the roadway, dance in the roadway, and then hide in the bushes. Subject was gone on arrival. 	<p>December 14</p> <ul style="list-style-type: none"> Officers responded to a report of a student harassing instructors
<p>December 07</p> <ul style="list-style-type: none"> Officer responded to report of a subject illegally camping outside the old downtown campus Officer assisted victim who wished to report a possible domestic violence incident that occurred off campus Officer conducted follow up with the subject illegally camping outside the old downtown campus 	<p>December 15</p> <ul style="list-style-type: none"> Officers responded to report of a suspicious vehicle in lot L

CALLS FOR SERVICE

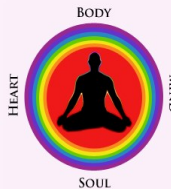
***SELECT CASES FROM DECEMBER, 2015**

<p>December 16</p> <ul style="list-style-type: none"> Officer responded to a report of a hit and run with significant damage to college property 	<p>December 25</p> <ul style="list-style-type: none"> Officers took custody of pills to be disposed of at the next drug take back event Officer observed investigated a suspicious vehicle parked outside gate 6 Officers investigated a suspicious vehicle at the south access road
<p>December 17</p> <ul style="list-style-type: none"> Officer escorted suspicious subject outside of the downtown academic building Officers responded to a report of a disorderly student in building 1 Officers reported a reckless driver to EPD while en route to the downtown campus Officer contacted a male trespassing at the old downtown center 	<p>December 26</p> <ul style="list-style-type: none"> Officer took a report of offensive littering in the alley of the downtown academic building
<p>December 18</p> <ul style="list-style-type: none"> Officers assisted a driver delivering equipment to the culinary arts program Officer provided safety escort to two employees Officers responded to a non-injury motor vehicle accident at 30th Avenue and Eldon Schafer Drive Officers responded to a motor vehicle accident with injuries at 30th Avenue and Gonyea Road 	<p>December 27</p> <ul style="list-style-type: none"> Officer provided courtesy transport to Riverbend Hospital Officer provided three courtesy transports for Eagan Warming Center patrons Officer contacted suspicious subject in a restricted area of the woods south of lot L
<p>December 20</p> <ul style="list-style-type: none"> Officer conducted enforcement on a tobacco violation at the downtown academic building 	<p>December 28</p> <ul style="list-style-type: none"> Officer responded to a fire alarm at the downtown residence
<p>December 21</p> <ul style="list-style-type: none"> Officer contacted a male trespassing at the old downtown center 	<p>December 29</p> <ul style="list-style-type: none"> Officers received notification of a trespassed subject by the Eagan Warming Center
<p>December 22</p> <ul style="list-style-type: none"> Officer discovered graffiti at the old downtown campus Officer discovered damage to college property at the old downtown campus 	<p>December 30</p> <ul style="list-style-type: none"> Officers assisted an employee to access their office space
<p>December 24</p> <ul style="list-style-type: none"> Officer discovered a running vehicle left unattended at the old downtown campus. Officer contacted two suspicious subjects in a restricted area of the woods south of lot L. 	<p>December 31</p> <ul style="list-style-type: none"> Officers took a report of a theft of food items from a patron of the Warming Center. Officers responded to a report of a disorderly subject in building 1
	 



Health Tip!

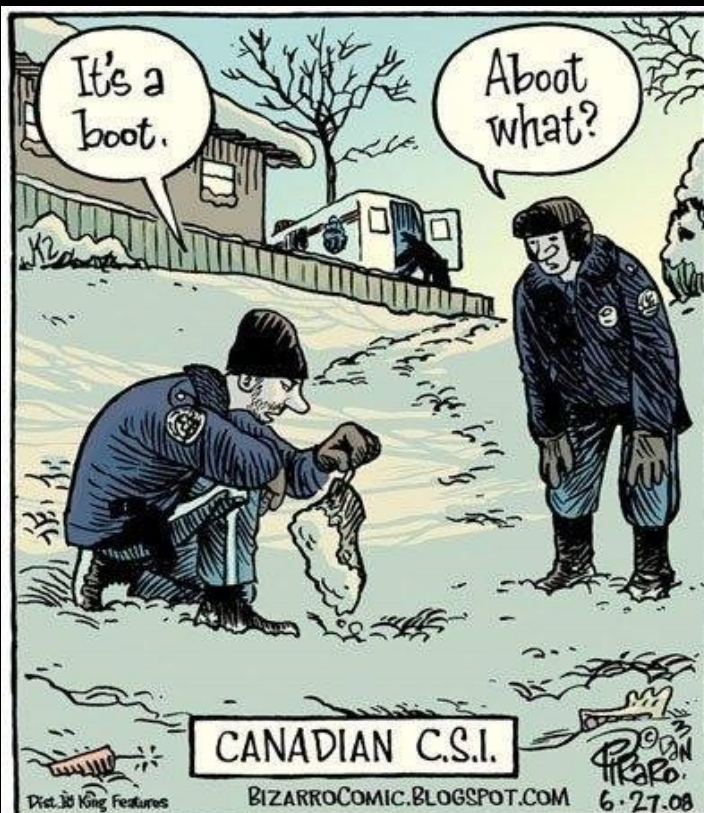
By Officer D. Charles



With the holidays coming right up on us it is a time for celebration and holiday cheer. Unfortunately it is also a time for stress. Functions to attend, presents to purchase, and mobbed stores can all contribute to feeling stressed out. So here are some tips on how to relieve and mitigate stress, these can be applied all year round, not just now.

- **Say “no”.** A person may feel drained and exhausted because they have volunteered too often or just overbooked themselves. It’s okay to back out, gracefully, of course. “This no longer works for me...” is a statement to use to relinquish some responsibilities that a person may have over committed to or do not want to volunteer to do in the future.
- **Have gratitude.** Gratitude is the power of being thankful. Gratitude is recognizing and concentrating on the good things in life and being thankful for them. A person should start and/or end their day by noticing what they have or what they are grateful for. Write down three things daily you are grateful for and watch your mood change.
- **Seek Support.** When people feel overloaded, overwhelmed, or overworked, or just feeling down or blue it helps to get some support. Support includes using a mentor, advisor, counselor, therapist, friend, family, coach, support groups, workshops and seminars, church groups, spiritual connections, reading materials, books, soft music, CD’s, DVD’s, journaling, etc. Reaching out when in need is key toward taking charge of our life.

GRAIN OF SALT



Your feedback is valuable! I encourage suggestions, and welcome questions and comments. Please, feel free to send an email to: williamsra@lanecc.edu.

Link to Newsletter: Lanecc.edu/psd/newsletter

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EDITOR-IN-CHIEF

