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Family Connections of Lane and Douglas Co.

# Child Care Community Newsletter

## Family Connections of Lane and Douglas Counties



Winter 2014 • 541-463-3954 • 1-800-222-3290

### How to Avoid First-Aid Mistakes

By Laura Flynn Mccarthy

They happen even to well-informed parents or providers. Here are ways to give the right care, from Gary Smith, M.D., injury expert at Children's Hospital in Columbus, OH

**Blunder:** Removing anything larger than a splinter from your child's skin

**Why it's wrong:** Shards of glass, a pencil point, or other sharp objects could end up causing more damage coming out of the skin than they did going in -- they could deepen the wound or pierce a vein.

**Best approach:** Have the object removed by a doctor.

**Blunder:** Applying meat tenderizer to bee stings

**Why it's wrong:** Meat tenderizer can irritate the skin, especially around the area that was stung.

**Best approach:** Rub the edge of a clean credit card over the skin to flick out the stinger. Wash the area with cool water and soap; cover it with a sterile bandage. That's all that's necessary, but monitor your child for an allergic reaction over the next several hours. If he has excessive redness and swelling near the area of the sting, or a hive like rash all over his body, he may be experiencing a significant allergic reaction, call the doctor immediately. If he has trouble breathing, including wheezing or shallow breaths, call 911.

**Blunder:** Not putting ice on an injury right away

**Why it's wrong:** Applying cold quickly to a muscle strain or insect sting can keep swelling and pain to a minimum. (But don't apply ice directly to the skin -- it can produce a burning sensation.)

**Best approach:** Put a handful of ice cubes in a plastic bag, then wrap in a washcloth or dish towel. Apply to the injury for about 15 minutes.

**Blunder:** Putting butter on a burn

**Why it's wrong:** Butter acts as a sealant on the skin, holding in heat and worsening the burn; it also increases the risk of infection.

**Best approach:** Run the burn under cool water for about one minute or hold a cool compress to it. Apply an antibacterial lotion (bacitracin, Neosporin) to prevent infection. Cover the area with a dry, sterile bandage. Call the doctor.

**Blunder:** Cleaning out cuts with peroxide or rubbing alcohol

**Why it's wrong:** When these are applied to an open wound, the sting can be severe.

**Best approach:** Clean the cut with soap and water, apply an antibiotic ointment, and put on a bandage.

**Blunder:** Moving a child who's fallen on his head, neck, or back from anything higher than his height

**Why it's wrong:** If the spine has been injured, you can further damage it.

**Best approach:** If your child is in pain or unconscious, call 911 immediately.

See that you keep him very still. Even if he stands up and walks around, call your doctor; children with serious injuries, such as a broken collarbone, can sometimes walk around for days without knowing there's a problem.

**Blunder:** Wiping debris, such as sand, grit, or dirt, out of your child's eye

**Why it's wrong:** You could scrape it across your child's eye and scratch the cornea.

**Best approach:** Flush out the eye with cool water, making sure that his head is tilted so that the affected eye is lower and the debris doesn't wash into the unaffected eye. If debris remains inside, or if he experiences any pain, redness, swelling, or discharge from the eye, call your pediatrician right away.

### What's Inside...

New Classes ..... Inserts  
Provider Information.....2  
Required Training/Safety Set.....3  
Visit the FC website for more information  
[www.lanecc.edu/lfc](http://www.lanecc.edu/lfc)

Find us on the web at [www.lanecc.edu/lfc](http://www.lanecc.edu/lfc)

## Read All About It



**Interested in Changing Your Program's Nutrition and Physical Activity Environment?**

How can I help?

Are you too busy to improve the nutrition and physical activity environments at your facility, but care about the health of the children you serve?

As a trained NAP SACC consultant, I'm here to help! The Nutrition and Physical Activity Self-Assessment for Child Care or NAP SACC program is an obesity prevention program that helps child care programs improve their nutrition and physical activity environment by changing policies and practices. Using the NAP SACC self-assessment instrument you will be able to identify strengths and weaknesses related to your nutrition and physical environment. This will be followed by goal setting, staff development, and on-going support and assistance provided by ME, your trained NAP SACC consultant. Don't worry! NAP SACC was designed and proven to be user friendly, time and resource efficient and easily integrated into your busy day.

What will you receive?

- Free Classes for your entire program staff. (Aligns with Oregon QRIS Standards HS3, HS4, HS6)
- Suggestions for and help in improving areas such as fried food consumption, holiday celebrations, television viewing, and outdoor/indoor playtime, just to name a few.
- Handouts and information for parents (Aligns with Oregon QRIS Standard FP4)
- Sample Policies
- Certifications and training information entered into ORO. What is expected of your program?
- Timely completion of the self-assessment instrument (Aligns with Oregon QRIS Standard AB5- a type of program evaluation)
- Participation in a goal setting meeting
- Participation in staff workshops
- The commitment to work through your chosen improvements.

How do you get started?

Congratulations! You have made the important decision to improve the health of young children by making it easier for them to eat healthy and be more active. To get started contact Family Connections, this is a generous grant from Trillium so space is limited.

Call Wendy Hubacek @ 541-463-3309 or email hubacekw@lanecc.edu



## QRIS Star Program Spotlight

I am excited to be a participant in QRIS. I have been doing childcare for 40 years and am glad to see changes in our field. It is a plus for the children we care for and ourselves.

When I first viewed the standards I wondered if I could meet them. Studying them over and help from my coach, I realized I was already doing them. Taking classes will help you understand how to meet the standards. The "community café" workshops offered each month by the coaches are very helpful.

Everyone involved with QRIS is very helpful and very encouraging. Coaches will do a one on one when possible. They are always there for encouragement and resources.

I feel this entire process has made me a better provider and the desire to do more. My parents are viewing me as more of a professional. They always told me I was doing a great job but looking at my portfolio were words of "amazing", "unbelievable, and "I don't know how you do it"! I really feel good about what I do.

I plan on moving up the Star ladder. I want to be the best childcare provider I can be and the more I learn, the closer I am to that goal. We can do better when we know better and QRIS is a big step in doing better. I want other childcare providers not to be afraid. The portfolio is well worth doing and very rewarding. Sincerely, Ellie Vaughn

Ellie's Preschool has achieved a 3 star designation!

## Required classes for CCD Registration

### Food Handler Permits

FC offers the child care version of the Food Handler's manual (blue book) and testing in a self study option ONLY. For a manual and instructions, please contact FC office. Cost for the self study packets is \$10.00 per permit. There is also an online option @ [www.childcarefoodhandler.org](http://www.childcarefoodhandler.org)

### First Aid/CPR Training

Receive a 2 year First Aid/CPR Certification. Cost \$40.00 per person

Saturday, January 25,	9:00 am- 2:00 pm	LCC Main Campus
Saturday, March 15,	9:00 am- 2:00 pm	LCC Main Campus
Espanol: Saturday, February 15,	9:00 am- 2:00 pm	LCC Main Campus
<b>Tuesday, February 18*</b>	<b>6:30 pm-8:30 pm</b>	<b>LCC Main Campus</b>

\*This is a Challenge Class, providers must show current FA/CPR card

### Recognizing & Reporting Child Abuse and Neglect

Attend this class once. Cost \$10 per person

Wednesday, January 29 ,	6:30 pm - 8:30 pm,	LCC Main Campus
Saturday, February 1,	9:00 am - 11:00 am,	LCC Main Campus
Thursday, March 13,	6:30 pm - 8:30 pm,	LCC Main Campus
Espanol: Tuesday, February 18,	6:30 pm -8:30 pm,	LCC Main Campus

Please call Family Connections to register for a class. We only accept Visa/Mastercard or Debit payments over the phone. You will receive a confirmation letter after registering and making a payment with location and time of class. If you need to cancel you MUST call at least 24 hours before the class. Refunds are credit for classes. You will be notified if a class is full. For more information call 1-800-222-3290 or 541-463-3954.

**\*If you need disability accommodations in order to attend or participate in these events, please contact Disability Resources (541) 463-5150 (voice) or 463-3079 (TTY) at least one week in advance.**

### Short on Time....

We are now offering one First Aid/CPR Challenge class per term. The challenge class is a two hour long class with some review and then testing out with the mannequins. Providers must have and show their current First Aid/CPR cards at time of class. The challenge First Aid/CPR class is equivalent to the "regular" First Aid/CPR class and also earns a 2 years certification. Questions call 541-463-3307.



### Did You Know?

You can now access your training record and Oregon Registry information 24/7 through ORO by creating an account at [my.oregonregistryonline.org](http://my.oregonregistryonline.org) You can also find links to questions, upcoming training and resources.

## Required Training Safety Set

### Family Child Care Overview

Required class for Registration with the Oregon Child Care Division

**Saturday, January 11**

9:00-12:00 pm

LCC Main Campus

**Tuesday, March 4**

6:00-9:00 pm

LCC Main Campus

**Espanol: Wednesday, January 29**

4:00-7:00 pm,

LCC Main Campus

## Upcoming Trainings

**OregonAEYC - Eugene, OR Spring Conference 2014**

Infant Toddler Institute April 11

Professional Development Institute April 12

Email: [OAEYC@oregonaeyc.org](mailto:OAEYC@oregonaeyc.org)

Phone: 503-496-3991 or 1-800-452-3610

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**Opal School Summer Symposium**

June 19 -21, 2014 Thurs - Sat

Portland Children's Museum, Portland, OR

503-471-9917 or [www.portlandcm.org](http://www.portlandcm.org)

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**Spring Fling, Roseburg, OR**

May 17, 2014

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**Lane Learning Academy**

Spring 2014 Date TBA

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**Retreat by the Lake XVI**

June 20-21, 2014 Friday eve & Saturday

Southwestern Oregon CC, Coos Bay, OR

[www.socc.edu/careconnections](http://www.socc.edu/careconnections)



# Lane County Child Care Training Bulletin: January- March 2014

All workshops count toward the Child Care Division training requirements. Please note: all categories except PM & PPLD are considered "child development." \* See below for CKC abbreviations.

Date/Time	CKC	Title/Description	Trainer	Cost
<b>Winter Registration Starts January 10 541-463-3954 or 1-800-222-3290 Page 1</b>				
January 18 Saturday 9:00-12:00pm Set 1	2 hrs PM 1 hr PPLD	<b>Oregon's QRIS Increasing Quality Training</b> This session is the first step in participation in Oregon's Quality Rating and Improvement System (QRIS). Participants will learn about the QRIS process, criteria and benefits including free tools, financial incentives and professional advice.	Terri Hansen QRIS Specialist	Free
January 23 Thursday 6:30-8:30pm Set 1	FCS	<b>Creating Community Through Communication</b> Learn communication techniques that can give us the tools we need to establish respectful relationships with our families, our children, and community members. In this course, you will learn a communication method that helps to strengthen relationships using these special techniques. (All Ages)	Georgiann Jones MA Ed Community Trainer	\$15
January 25 Saturday 1:00-3:00pm Set 1	LEC	<b>STEAM for Storytimers</b> Librarian Cynthia Olsen will demonstrate fun, age-appropriate ideas for incorporating science, technology, engineering, and math into storytimes and activities. Kellee Blanchard, author of "Moving Joyfully," will provide information about the crucial role that movement plays in young children's intellectual development – with audience participation! (All Ages)	Cynthia Olsen Eugene Librarian and Kellee Blanchard Author	Free (Partnering with Eugene Library)
Jan 30 Thursday 6:30-8:30pm Set 1	PM	<b>Learning about Child Care Taxes</b> If you own a family child care program, this class will introduce you to the unique tax reporting requirements for your business. Get your questions answered from a Licensed Tax Consultant who has many child care providers as tax clients. Find out which forms to file and some of the unusual aspects of child care provider tax reporting.	Craig Ralton License Tax Consultant #5744C	\$15
February 1 Saturday 9:00-12:00pm Set 1	FCS	<b>Partnering with At-Risk Families</b> Participants will develop an understanding of how to partner with at-risk families through home visits and other home school connection activities. Learn and explore strength-based strategies for building positive relationships with diverse families. (All Ages)	Renee Van Norman Master Trainer	\$20
February 8 Saturday 9:00-4:00 pm 6 hours Set 1	3 hrs LEC 3 hrs UGB	<b>Implementing the Creative Curriculum for Preschool</b> Through interactive discussions and hands-on activities, participants will become familiar with the research and theory behind the Creative Curriculum, understand how to use the objectives for development and learning that address how children learn, and become familiar with the knowledge-building resources. Participants will also build an awareness of the teacher's role in caring and teaching and understand how to use Creative Curriculum's daily practice resources. (Preschool)	Laurie Danahy Creative Curriculum Trainer	\$45 with lunch included
February 15 Saturday 9:00-12:00 pm Set 1	LEC	<b>Sock Puppet Fantasia</b> In this training, you will learn the basics principles on the use of puppets in the child care setting while creating your own individual sock puppets. Have fun being creative while you learn. Please bring a hot glue gun with you if possible (or two)!	Pamela DuVall MAT Master Trainer	\$20
February 20 Thursday 6:30-8:00pm Set 1	LEC	<b>Bringing Energy and Creativity to Your Play: Recharging Your Play Skills Battery</b> Register with Early Childhood CARES 541-346-2578 or e-mail at cmetz@uoregon.edu (Preschool)	Jody Parrish Early Childhood Special Education Teaching Assistant	Free (Partnering with Early Childhood CARES)

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**\*CORE KNOWLEDGE CATEGORIES (CKC's):** DIV - Diversity; FCS - Families & Community Systems; HSN - Health, Safety & Nutrition; HGD - Human Growth & Development; LEC - Learning Environments & Curriculums; O&A - Observation & Assessment; PPLD - Personal, Professional & Leadership Development; PM - Program Management; SN - Special Needs; UGB - Understanding & Guiding Behavior. **Please note: all categories except PM & PPLD are considered "child development."**

# Lane County Child Care Training Bulletin: January- March 2014

All workshops count toward the Child Care Division training requirements. Please note: all categories except PM & PPLD are considered "child development." \*See below for CKC abbreviations.

Date/Time	CKC	Title/Description	Trainer	Cost
Winter Registration Starts January 10 541-463-3954 or 1-800-222-3290 Page 2				
February 22 Saturday 9:00-12:00pm Set 2	DIV	<b>Supporting English Language Learners</b> Participants will examine the development of home language and the acquisition of a second language; practice implementing strategies for supporting home language development and English language learning; and explore ideas for literacy materials, props, and ways to develop linguistically appropriate programs and environments to meet the needs of English language learners. (All Ages)	Terri Hansen Master Trainer	\$40
March 1 Saturday 9:00-12:00 pm Set 2	FCS	<b>QRIS Portfolio</b> Through lecture and group exercises, participants will examine how a Quality Rating Improvement System (QRIS) portfolio showcases the ways that their program is meeting early learning standards. Participants will identify different types of evidence, compose written descriptions and labels for evidence, and practice connecting the early learning standards to evidence. <b>**Participants must have submitted a QRIS Quality Improvement Plan (QIP)</b>	Cheryle Myers QRIS Specialist	Free
March 6 Thursday 12:00-3:00pm Set 1	2 hrs PM 1 hr PPLD	<b>Oregon's QRIS Increasing Quality Training</b> This session is the first step in participation in Oregon's Quality Rating and Improvement System (QRIS). Participants will learn about the QRIS process, criteria and benefits including free tools, financial incentives and professional advice.	Cheryle Myers QRIS Specialist	Free
March 6 Thursday 6:30-9:00pm Set 2	FCS	<b>Tell Me What You Think! Survey's and Beyond</b> How do you find out what your families are thinking and whether or not you are addressing their needs? Examine a variety of ways to gather information on an ongoing basis and ways you can use this information. We will develop a list of ideas for parent meetings and leave with a personalized survey for your program that you can use immediately.	Terri Hansen Master Trainer	\$40
March 11 Tuesday 6:00-9:00pm Set 1	LEC	<b>Developmentally Appropriate Practice Module 1</b> Understanding and implementing Developmentally Appropriate Practices. Including DAP history and the importance of DAP guidelines in five key areas for promoting children's optimal learning and development. Learn why intentional teaching is critical to developmentally appropriate practice in high-quality early childhood programs. (All Ages)	Wendy Hubacek Family Connection Staff	\$25
March 18 Tuesday 6:00-9:00pm Set 1	LEC	<b>Developmentally Appropriate Practice Module 2</b> Identify characteristics of intentional teaching and how to apply different formats for teaching and planning learning activities for young children. Learn how DAP aligns with different types of child assessments programs. <b>*Must take Module 1 to take Module 2. (All Ages)</b>	Wendy Hubacek Family Connections Staff	\$15
March 15 Saturday 9:00-12:00pm Set 2	LEC	<b>Literacy Across the Curriculum</b> In this workshop, participants will explore ideas for teaching literacy while simultaneously addressing content across many subject areas; practice using a planning web to support teaching literacy across the curriculum; and develop practical lesson plans to use in their child care programs. (All Ages)	Terri Hansen Master Trainer	\$40
March 22 Saturday 9:00-12:00pm Set 2 pending	DIV	<b>Diversity Within Us All</b> Are there times when you feel the goodness of fit between you and a child/family isn't working, no matter what you try? Are there times when children talk in ways you don't feel confident in how to respond? Do you feel culturally competent? In this training, you will examine diversity within us all through meaningful activities that you can apply the next day in your own child care setting. (All Ages)	Pamela DuVall MAT Master Trainer	\$40

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(All categories except PM & PPLD are considered "child development" categories)

# Douglas County Child Care Training Bulletin: January-March 2014

All workshops count toward the Office of Child Care training requirements. Please note: all categories except PM & PPLD are considered "child development." \*See below for CKC abbreviations. Please call 541.440.7705 to register.

DATE	CKC	TITLE & DESCRIPTION	TRAINER	COST
Select from 3 different options below:  Snyder 10	PM & PPLD Set 1	<b>OREGON'S QRIS: INCREASING QUALITY TRAINING SESSION</b> Learn more about Oregon's Quality Rating and Improvement System (QRIS)—an exciting new program to raise the quality and consistency of child care and early learning programs across the state. The best part is the Quality Rating System recognizes rewards and builds on what programs like yours are already doing well!  Jan. 16: 6-9pm      Feb 8: 9-12pm      Mar 8: 9-12pm	Heather Freilingner Family Connections	Free
Feb 5 Wednesday 6pm-8:30pm Snyder 18	FCS Set 2	<b>TELL ME WHAT YOU THINK! SURVEYS &amp; BEYOND</b> How do you find out what your families are thinking and whether or not you are addressing their needs? Examine a variety of ways to gather information on an ongoing basis and ways you can use this information. We will develop a list of ideas for parent meetings and leave with a personalized survey for your program that you can use immediately.	Terri Hansen Master Trainer	\$20
Feb 11 Tuesday 6pm-8pm Snyder 18	LEC Set 1	<b>*HOW TO CREATE AND USE A QUALITY IMPROVEMENT PLAN</b> Participants will learn all about the Quality Improvement Plan process for QRIS by exploring the components and discussing what to consider in your plans and developing steps to complete and submit for support funds and for portfolio submission.  *Participants must attend an "Oregon's QRIS" session as a prerequisite to attending this class*	Heather Freilingner Family Connections	Free
Feb 24 & March 3 6pm-8pm Douglas ESD	UGB Set 2 Pending	<b>THE ART OF EMOTION COACHING</b> Explore strategies to help children gain skills to become comfortable with their own feelings and learn to express their emotions in constructive ways. Examine personal emotional experiences or "hot buttons" and the influence these have on our interactions with children.	Barbara Tenneson UCC Adjunct Instructor	Free
Mar 13 Thursday 6pm-8pm Douglas ESD	HGD Set 1	<b>WE'RE ALL ASSET BUILDERS</b> This interactive workshop will provide an opportunity to learn about and experience activities that promote the Search Institute 40 Asset framework for developing important individual and social skills in children and youth.	Pauline Martel Certified Assets Trainer	\$10
March 18 Tuesday 6pm-9pm Snyder 18	FCS Set 2 Pending	<b>*DEVELOPING &amp; ENHANCING THE QRIS PORTFOLIO</b> Participants will examine how QRIS portfolio showcases the ways that their program is meeting early learning standards. Participants will identify different types of evidence, compose written descriptions and labels for evidence, and practice connecting the early learning standards to evidence.  *Participants must attend an "Oregon's QRIS" session as a prerequisite to attending this class*	Heather Freilingner Family Connections	Free
<b>Pediatric First Aid CPR &amp; AED      Recognizing &amp; Reporting Child Abuse &amp; Neglect      Family Child Care Overview      DHS Exempt Orientation</b>				
2/15: 8:30am-3pm      2/13: 6-8pm      2/4: 10am-1pm      2/12: 6-8pm \$40 WCH 20      \$10 Snyder 15      Free TC 119      Free Snyder 12				

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Save the Date!  
May 17th, 2014  
Umpqua Community College

*Spring  
Fling  
2014*

*2 options to choose from:*

**Counting Leaves & Wild Hypothesis**

8 hours - Instructor: Linda Rhines CKC: LEC (6) & HGD (2)

\*1 College Credit available for this training for an additional fee.

*or*

**Diversity Within Us All**

3 hours - Instructor: Pamela Duvall CKC: Diversity Set 2 Pending

*and*

**Adapting Activities & Materials for Inclusion of Children with Disabilities**

3 hours - Instructor: Joyce McCoy CKC: Special Needs Set 2

*Up to 8 hours of Interactive Early Childhood Education Training,  
Networking Opportunities, Door Prizes and Lunch. All for only \$20!*

Registration opens April 1, 2014

***Upcoming Conferences  
around Oregon***

February 21 & 22, 2014  
Jackson/Josephine Winter Conference  
Medford [www.oregonaeyc.org](http://www.oregonaeyc.org)

March 1, 2014  
Parent Child Preschools Annual Conference  
West Linn [www.oregonpreschools.org](http://www.oregonpreschools.org)

March 5-7, 2014  
OACCD Annual Conference  
Agate Beach [www.oaccd.com](http://www.oaccd.com)

March 14 & 15, 2014  
Provider Resource Organization Annual Conference  
MHCC - Gresham [www.providerresource.org](http://www.providerresource.org)

***Did you know?***

You can now access your training record  
and Oregon Registry information 24/7  
through ORO by creating an account at

**[my.oregonregistryonline.org](http://my.oregonregistryonline.org)**

You can also find links to access  
upcoming training here.

**Community Cafe's**

Get the extra one on one help you need  
from resource and referral staff at a  
more convenient time. Join us at our  
community cafe's:

Jan 13 6:30 - 8:30pm  
February 10 6:30 - 8:30pm  
March 10 6:30 - 8:30pm

Shari's Restaurant in Roseburg

## Condado de Lane Boletín de Entrenamientos: invierno 2014

Los talleres son entrenamientos con la Oficina de Cuidado de Niños (Office of Child Care).

**Conocimiento Central para la Profesión de Cuidado y Educación Infantil de Oregon (CKC's):** **DIV**-Temas de Diversidad; **FCS**- Familiares y Comunitarios; **HSN**-Salud, Seguridad y Nutrición; **HGD**-Salud, Seguridad y Nutrición; Crecimiento y Desarrollo Humano; **LEC**-Ambientes de Aprendizaje y Plan de Estudios; **O&A**-Observación y Evaluación; **PPLD**- Desarrollo Personal, Profesional y de Liderazgo; **PM**-Administración de Programas; **SN**- Necesidades Especiales; **UGB**-Entendimiento y Orientación en Conducta.

Las inscripciones comienzan el 6 de enero. Para más información llame a 541.463.3306 o visite <http://www.lanecc.edu/lfc/provider-training>

Fecha/ Hora	Clase	Descripción	Presentador	Lugar	Costo
<b>miércoles</b> 1/22/2013 4:00-7:00 3 horas	<b>Orientación para Proveedores de Cuidado Infantil (PM)</b>	La Orientación es una clase que brinda información sobre el Programa de Cuidado Infantil de DHS. Ayuda a entender los procesos de listado y facturación. También aprenderá como reunir los requisitos para la cuota mejorada.	Karla Young Trabajadora de Family Connections	Ser Anunciado	Gratis
<b>miércoles</b> 1/29/2013 4:00-7:00 3 horas	<b>Introducción al Cuidado Infantil Registrado Familiar (PM)</b>	Esta clase es la primera clase para obtener la licencia de cuidado infantil familiar. Explicaremos el proceso para obtener la licencia registrada familiar y también le daremos información sobre el cuidado infantil de alta calidad y como un negocio.	Karla Young Trabajadora de Family Connections	Ser Anunciado	Gratis
<b>sábado</b> 15 de febrero 9:00 am- 2:00 pm 5 horas	<b>Primeros Auxilios y Respiración Cardiopulmonar Pediátrica (HSN)</b>	Esta clase es requerida para obtener y renovar la licencia Registrada, o Certificada, o para trabajar en un Centro. También esta licencia le ayuda a obtener la mejor tarifa en el pago que recibe de la Unidad de Pago Directo.	Rita Loop Entrenadora de la Comunidad	Ser Anunciado	\$40
<b>jueves</b> 18 de febrero 6:30 pm-8:30 pm 2 horas	<b>Taller de Como Reconocer y Denunciar el Abuso y Negligencia Infantil (HSN)</b>	En Oregón el personal escolar y cuidado de niños son informantes obligatorios de reportar sospechas de abuso y negligencia. En este taller los participantes aprenderán el proceso de como reportar estas sospechas.	DHS	Ser Anunciado	\$10
<b>sábado</b> 8 de marzo 9:00 am-12:00 pm 3 horas	<b>QRIS Portfolio (PM)</b>	Los participantes de QRIS van a organizar el portafolio y explorar diferentes evidencias escritas. Los participantes tienen que traer sus materiales y portafolio de QRIS.	Cheryle Myers Karla Young Trabajadora de Family Connections	Ser Anunciado	Gratis
<b>sábado</b> 15 de marzo 9:00-11:00 2 horas	<b>Taller de Registro de Oregón (PPLD)</b>	Los participantes aprenderán como solicitar la forma del registro de Oregón, recompensa educativa, y como leer la lista de solicitud de pasos.	Karla Young Trabajadora de Family Connections	Ser Anunciado	Gratis



## Clase Gratis de Primeros Auxilios Pediátricos y RCP

¿Usted tiene licencia de CCD para Cuidado Infantil o Certificado de Cuidado Infantil Familiar? Usted puede ser elegible para renovar su licencia de CCD (su nombre tiene que aparecer en la licencia). Para preguntas llame a Family Connections a 541-463-3306.

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### Maneras de alistar a los niños al kínder

- Practica el escribir tú nombre y apellido. Usa tiza, pintura, marcadores, crayones o lápices.
- Cuenta hasta diez. Luego intenta contar de atrás para adelante desde el diez hasta cero.
- Pide a los miembros de tu familia sus zapatos. Ponlos en orden desde el más pequeño hasta el más grande.
- Escribe en la vereda con tiza. Practica tus números y letras.
- Párate con un solo pie. Cuenta hasta cinco. Ahora trátalo con el otro pie.
- Has dibujos de tus comidas favoritas.
- Has una colección de rocas. Cuenta a alguien el motivo del porqué escogiste cada una.
- Forma una fila con tu familia desde el más alto hasta el más pequeño.
- Encuentra cosas en tú casa que tienen las siguientes formas: cuadrados, triángulos, círculos y rectángulos.
- Mira la caja del cereal. Léela. Encuentra todas las letras que tú conoces.

### Libros con temas de ingreso a la escuela

- **Annabelle Swift, Kindergarten** *By Amy Schwartz*  
Título: Annabelle Swift, cursando el kinder, escrito por Amy Schwartz
- **Billy and the Big New School** *By Catherine and Laurence Anholt*  
Título: Billy y la Nueva Escuela, escrito por Catherine and Laurence Anholt
- **Clifford's First School Day** *By Norman Bridwell*  
Título: El Primer Día de Escuela de Clifford, escrito por Norman Bridwell
- **Curious George Goes to School** *By Margaret Rey*  
Título: Jorge el curioso, va a la escuela, escrito por Margaret Rey
- **First Day** *By Dandi Daley Mackall*  
Título: El Primer Día, escrito por Dandi Daley Mackall
- **First Day, Hooray** *By Nancy Poydar*  
Título: El Primer Día, escrito por Nancy Poydar
- **Friends at School** *By Rochelle Bunnett.*  
Título: Amigos en la Escuela, escrito por Rochelle Bunnett
- **It's Hard to Be Five** *By Jamie Lee Curtis*  
Título: Es Difícil Tener Cinco Años, escrita por Jamie Lee Curtis
- **Look Out Kindergarten, Here I Come!** *By Nancy Carlson*  
Título: Atención Jardín Infantil, Aquí Vengo Yo, escrito por Nancy Carlson
- **Miss Bindergarten Gets Ready for Kindergarten** *By Joseph Slate*  
Título: Señorita Bidergarten Alistándose para el Kinder, escrito por Joseph Slate
- **My Kindergarten** *By Rosemary Wells*  
Título: Mi Kinder, escrito Rosemary Wells
- **School Bus** *By Donald Crews*  
Título: El Bus Escolar, escrito Donald Crews
- **The Twelve Days of Kindergarten** *By Deborah Lee Rose*  
Título: Los 12 Días del Kinder, escrito por Deborah Lee Rose
- **Welcome To Kindergarten** *By Anne Rockwell*  
Título: Bienvenido al Kinder, escrito por Anne Rockwell
- **When You Go to Kindergarten** *By James Howe*  
Título: Cuando Te Vas a Kinder, escrito por James Howe
- **Will I Have a Friend?** *By Miriam Cohen*  
Título: ¿Podré Tener Algún Amigo? escrito por Miriam Cohen

Recursos:

[http://www.childcareresourcesinc.org/about/documents/MakingMove\\_Spanish.pdf](http://www.childcareresourcesinc.org/about/documents/MakingMove_Spanish.pdf)

### Si se cancela su clase

Para condiciones del tiempo siga los procedimientos de [www.lanecce.edu](http://www.lanecce.edu) o escuche KLCC, FM 89.7. Se dará cuenta si el colegio esta cerrado.