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Child Care Community Newsletter

Family Connections of Lane and Douglas Counties

WINTER 2015 • 541-463-3954 • 1-800-222-3290



Universal Developmental Screening?

Screening young children is an effective, efficient way for professionals to catch delays and start services when it does the most good—during the crucial early years when the child's brain and body are developing so rapidly. As Oregon moves toward universal screening of all children under 6 years of age, child care providers will play a critical role in our community's developmental screening process.

Because developmental and social-emotional delays can be subtle and can occur in children who appear to be developing typically, most children who would benefit from early intervention are not identified until after they start school. Even pediatricians, fail to detect delays more than 70% of the time!

Research clearly shows the importance of early intervention:

- Developmental delays, learning disorders, and behavioral and social-emotional problems are estimated to affect 1 in every 6 children.
- Only 20% to 30% of these children are identified as needing help before Kindergarten.
- Intervention prior to kindergarten has huge academic, social, and economic benefits. Children who receive early treatment for developmental delays are more likely to graduate from high school, hold jobs, and avoid teen pregnancy, delinquency, and violent crime, which results in a savings to society of about \$30,000 to \$100,000 per child.
- If social-emotional problems are identified and addressed early, children are less likely to be placed in special education programs—and later in life, they're also less likely to experience school failure and unemployment.

Which screening tool is recommended?

Oregon's Early Learning Council has adopted the Ages & Stages Questionnaire, Third Edition (ASQ-3) as the statewide developmental screening tool.

The ASQ-3 is a set of parent-completed questionnaires, but can also be used by providers as they partner with parents to ensure that all young children in Oregon are screened at least once a year.

The online version, the ASQ Oregon is free for parents and providers at www.asqoregon.com. Training and technical assistance for providers will be available on a regular basis (see the Family Connections training calendar). **Be sure to also check out the Child Care Providers toolkit on the ASQ Oregon website.**

What's Inside...

New Classes Inserts
Provider Information 2
Required Training/Safety Set 3
Visit the FC website for more information
www.lanecc.edu/lfc

Read All About It



Family Connections wants YOU to move up the Oregon Registry!

Family Connections has received two grants to support Child Care Providers professional development.

Office of Child Care Oregon Registry Campaign: The Office of Child Care has sent us some extra funds to support providers moving up the Oregon Registry. We will be using this funding to reduce the cost of our classes. The new rates for our classes will be \$10 for set one and \$20 for set two classes. We will charge more for classes over 3 hours and for those that offer materials (ie a book, CD, etc.). The safety sets (First Aid/CPR, RRCAN and Food Handlers) will continue to be regular pricing.

***Please note this is a temporary reduction until June 30, 2015.**

In addition we will be offering a few one hour webinars on how to access MyORO and how to read your professional development statement. Also, feel free to call Katy, our provider specialist, to get help with your Oregon Registry plan. (541-463-3305)

Cow Creek Foundation: We have received funding from Cow Creek to support scholarships for Child Care providers to attend college classes. Did you know if you are a Step 7 on the Oregon Registry you can qualify to have up to 8 credits articulated? That means if you want to work towards a Step 8 you would only need 4 more classes to earn a pathways certificate.

A college pathways certificate stays with you where ever you go professionally and is a stepping stone to an associates and bachelors degree. Watch your email in January for more details on how to apply for both the scholarship and the articulation.



QRIS Star Program Spotlight

Lane County's Star Rated Programs!

Registered Family

Elizabeth's Child Care 4
Little Stars Family Child Care 4
The Children's Garden 3
Footprints Child Care 3
Joyful Junction Family Child Care 3
Stacey's Family Preschool and Child Care 3
Lil' N' Big Child Care 3
Brighter Beginnings Childcare & Preschool 3
Hanna's Helping Hands 3

Certified Family

Sunshine Preschool and All Day Camp 5
Farr Out Childcare 4
Seedlings Preschool 4
Susan's At-Home Childcare 4
Little Stars Family Childcare 4
Ellie's Preschool and Daycare 3
The Toy Box Preschool 3
Dragonfly Childcare & Preschool 3
Friendship House Preschool 3
Heart's Content 3
Shokoofi Daycare 3

Certified Centers

First Congregational Preschool 5
Lane Child & Family Center 5
Parkside Community Preschool 4
Children's Program at Willamette
Family Treatment Center 4
Newberry Child Care 4
Willamette Infant Toddler Center 4
Fairfield Baptist Child Dev. Center 3
ECCO Child Development Center 3
Temple Beth Israel 3
Bright Beginnings Christian Preschool 3

In Oregon 22% of licensed programs are already participating in QRIS. Yet, Lane County can currently celebrate a 32% participation rate!

We have 136 programs participating in QRIS out of the 417 active licensed programs.

Congratulations to all of our star rated programs and to all the others that have made a COMMITMENT TO QUALITY CARE through participation in QRIS!

Required classes for Office of Child Care Registration

Food Handler Cards

FC offers the child care version of the Food Handler's manual and testing in a self study option ONLY. For a manual and instructions, please contact FC office. Cost for the self study packets is \$10.00 per permit. There is also an online option @ www.childcarefoodhandler.org

First Aid/CPR Training

Receive a 2 year First Aid/CPR Certification. Cost \$40.00 per person

Saturday, January 24 12:00 pm - 5:00 pm LCC Main Campus
*Tuesday, January 27 6:30 pm - 8:30 pm LCC Main Campus
*This is a Challenge Class, providers must show current FA/CPR card

Saturday, February 21, 9:00 am- 2:00 pm LCC Main Campus
Saturday, March 7, 9:00 am- 2:00 pm LCC Main Campus
Espanol: Saturday, February 7, 9:00 am- 2:00 pm LCC Main Campus

Recognizing & Reporting Child Abuse and Neglect

Attend this class once. Cost \$10 per person

Saturday, January 24, 9:00 am - 11:00 am, LCC Main Campus
Tuesday, February 17, 6:30 pm - 8:30 pm, LCC Main Campus
Tuesday, March 10, 6:30 pm - 8:30 pm, LCC Main Campus
Espanol: Thursday, February 12, 6:30 pm - 8:30 pm, LCC Main Campus

Please call Family Connections to register for a class. We only accept Visa/Mastercard or Debit payments over the phone. You will receive a confirmation email after registering and making a payment with location and time of class. If you need to cancel you MUST call at least 24 hours before the class. Refunds are credit for classes. You will be notified if a class is full. For more information call 1-800-222-3290 or 541-463-3954.

***If you need disability accommodations in order to attend or participate in these events, please contact Disability Resources (541) 463-5150 (voice) or 463-3079 (TTY) at least one week in advance.**

Required Training Safety Set

Family Child Care Overview

Required class for Registration with the Office of Oregon Child Care

Thursday, January 15th

2:30 pm - 5:30 pm
LCC Main Campus

Thursday, March 19th

9:00 am - 12:00 pm
LCC Main Campus

Espanol: Tuesday, February 2

5:30 pm - 8:30 pm,
LCC Main Campus

✦ Upcoming Trainings ✦

OregonAEYC Spring Conference
Portland, OR
April 17-18, 2015
OAEYC@oregonaeyc.org
503-496-3991 or 1-800-452-3610

NAEYC Professional Development Institute
June 7-10, 2015
New Orleans, LA
1-800-424-2460
www.naeyc.org

Opal School Summer Symposium, Portland, OR
June 18-20, 2015
503-471-9917
www.portlandcm.org

Retreat by the Lake XVII, Coos Bay, OR
June 19-20, 2015
www.socc.edu/careconnections



Save the Dates!

Lane Learning Academy

Lane Community College, Eugene, OR

April 25, 2015

6 hours of set two training-2 Different Tracks

Spring Fling

**Umpqua Community College,
Roseburg, OR May 17, 2015**

Latino Summit

Spring Term-Dates and Times TBA



***See Spring Newsletter for more details**

Lane County Child Care Training Bulletin: January- March 2015

All workshops count toward the Office of Child Care training requirements. Please note: all categories except PM & PPLD are considered "child development." * See below for CKC abbreviations.

Date/Time	CKC	Title/Description	Trainer	Cost
WINTER Registration Starts January 5 541-463-3954 or 1-800-222-3290 Page 1				
January 20 Tuesday 6:30-8:30pm Set 1	LEC	Making Learning Fun through File Folder Games Children of all ages and grades can use folder games to reinforce important facts and key skills while having fun in the process. Incorporating a learning center game into your daily lessons is a great way to keep children actively involved and immersed into a specific subject. We will be creating a file folder games for everyone to take home. Come and join the fun! (All Ages)	Darina Putuga Community Trainer	\$15 materials included
January 21 Wednesday 6:30-8:30pm Set 1	FCS	Working with DHS Families Provider Training Providers will learn of the complex characteristics of children's families that are on State subsidies. Establish respectful relationships and communication with family and DHS members. Learn how to fill out DHS billing forms, how to become Pre-listed with DHS.	Katy Fuller Community Trainer	\$10
January 24 Saturday 9:00-12:00pm Set 2 pending	HGD1 hr PPLD 2 hrs	Beyond the Workshop: How to Share and Implement Trainings You Have Attended Sometimes just one person from a child care program attends training and is eager to use new information but the other teachers and the director are not 'on board'. So instead of implementing change, they fall back on routine. Let's explore why this happens and what we can do to extend the learning! All child care professionals can learn from this class; how to implement information you have learned from trainings/classes. (No Age-Related Content)	Heather O'Leary Master Trainer	\$20
January 24 Saturday 1:00-3:00pm Set 2	HGD	Power of Play Participants will examine how children construct their own understandings of the world around them through active play-based learning, the characteristics of play, the types and benefits of play, and how to use books and early literacy materials to promote growth and development. (Infants/Toddlers, Preschool, and School Age)	Aoife Rose Magee, Ph.D. Master Trainer	Free Partnering with Eugene Public Library
January 28 Wednesday 6:30-8:30pm Set 1	LEC	Just Singing in the Rain or Anywhere Songs for all age children. Come have fun learning why singing is more than just fun. Be prepared to learn new songs to sing, teach, for the children you work with and have fun whether you carry a tune or are an accomplished singer. This is singing for ALL abilities. (All Ages)	Danna Griffith Community Trainer	\$10
January 29 Thursday 6:30-8:00pm Set 1	SN	Young Children with Autism Spectrum Disorder and Strategies to Address Their Communication Needs Learn what autism spectrum disorder is. The primary focus will be on discussing strategies to address the communication needs of young children with ASD. We will review common communication problems that they may have and some ways to address these challenges. (Preschool) Register with Early Childhood CARES 541-346-2578 or email at cmetz@uoregon.edu	Florien Deurloo and Krista Jo Swanson Autism/Behavior Consultants and EI/ ECSE Specialists	Free (Partnering with Early Childhood CARES)
February 3 Tuesday 6:30-8:30pm Set 1	PM	Learning about Child Care Taxes If you own a family child care program, this class will introduce you to the unique tax reporting requirements for your business. Get your questions answered from a Licensed Tax Consultant who has many child care providers as tax clients. Find out which forms to file and some of the unusual aspects of child care provider tax reporting. (No Age-Related Content)	Craig Ralston, License Tax Consultant #5744C	\$10
February 4 Wednesday 6:30-8:00pm Set 1	PPLD	Are You Ready for Credit? Webinar Learn how to know if you are ready to take credit classes. Includes overview of registering for credit classes, scholarship programs and professional development plans. Explore the world of credentials and degree translation/evaluations. (No Age-Related Content) Must have computer.	Heather O'Leary Master Trainer	\$10
February 5 Thursday 6:30-8:30pm Set 1	PPLD	Professional Development in Early Education Confused about ORO and Oregon Registry? Learn how to navigate these separate, yet related systems to develop and maximize your own professional development plan. You will walk away understanding these systems as a key ingredient for marketing as well as a pathway to scholarships and financial incentives.	Katy Fuller and Lynn Reiling Community Trainers	Free
*CORE KNOWLEDGE CATEGORIES (CKC's): DIV - Diversity; FCS - Families & Community Systems; HSN - Health, Safety & Nutrition; HGD - Human Growth & Development; LEC - Learning Environments & Curriculums; O&A - Observation & Assessment; PPLD - Personal, Professional & Leadership Development; PM - Program Management; SN - Special Needs; UGB - Understanding & Guiding Behavior. Please note: all categories except PM & PPLD are considered "child development."				

Lane County Child Care Training Bulletin: January- March 2015

All workshops count toward the Office of Child Care training requirements. Please note: all categories except PM & PPLD are considered "child development." *See below for CKC abbreviations.

Date/Time	CKC	Title/Description	Trainer	Cost
Winter Registration Starts January 5 541-463-3954 or 1-800-222-3290 Page 2				
February 7 Saturday 9:00-12:00pm Set 2	DIV	Honoring Your Family's Cultures Learn how to begin or continue developing culturally and linguistically appropriate programs and environments that reflect the families and communities being served in your programs. This session focuses on developing a culturally responsive early learning and development program (ELDP). Examine why it's important to provide a culturally responsive ELDP, explore how to be linguistically responsive, select strategies to reflect and support children's cultures and home languages. (All Ages)	Candi Scott and Cori Brownell Early Learning Specialists From WOU	\$20
February 10 Tuesday 6:30-8:30pm Set 1	PPLD	A Night at the Improv Based on the principle that happy people are better learners this course examines the lighter side of teaching. Come ready to have fun and explore ways to infuse humor into your daily lessons. Get in touch with your inner funny bone and giggle your way to lower stress and increased social interactions for your students. (All Ages)	Jody Parrish Community Trainer	\$10
February 12 Thursday 6:30- 8:00pm Set 1	SN	Sensory Processing Disorder/Sensory Integration "Sensory Processing and Sensory Processing Disorder: Learn about how we use our senses to make sense of the world around us. Join our discussion about what Sensory Processing Disorder is and some general strategies for coping with it." Register with Early Childhood CARES 541-346-2578 or email at cmetz@uoregon.edu (Preschool)	Molly Smith Occupational Therapist, EI/ECSE Specialist	Free (Partnering with Early Childhood CARES)
February 21 Saturday 8:30-3:00pm 6hrs-1/2 lunch Set 2	FCS 2 hrs O&A 4hrs	Implementing Developmental Screening Using the Ages and Stages Questionnaire-3rd ed. (ASQ-3) In this interactive, practical, hands-on session, participants will explore current health and early learning policies promoting developmental screening and examine implementation of Ages & Stages developmental screening including the ASQ Oregon website. (Infants/Toddlers, Preschool) Please bring your lunch.	Cheryle Myers and Terri Hansen Master Trainers	Free
February 21 Saturday 9:00-12:00pm Set 1	HGD	Discovering Potentials 1.1: Rhythms of Change In the years between ages 5 and 12, children make dramatic changes in development. After looking at an overview of major theories of development, we will begin to form realistic pictures of needs and "missions" of children in the school-age years. As practitioners, we will begin to know how to support their needs in our programs. Must take Modules 1.1 and 1.2 to take Modules 1.3 and 1.4. (School Age)	Pamela DuVall, MAT Master Trainer	\$10
February 21 Saturday 12:30-3:30pm Set 1	HGD	Discovering Potentials 1.2: What's the Brain Got to Do with It? Children's brains grow and change in the school-age years. We will look at how the brain develops, its connections to emotional experiences and stress. Practitioners will learn how they can support children in stress. Must take Modules 1 and 2 to take Modules to take Modules 1.3 and 1.4. (School Age)	Pamela DuVall, MAT Master Trainer	\$10
February 28 Saturday 9:00-12:00pm Set 2	SN	EI/ECSE Alphabet Soup: how It Can Nourish Your Program Every field has its own jargon. Early Intervention/Early Childhood Special Education in no exception. In this interactive session, we will examine Individual Family Service Plans: what they look like, how to read them and how to utilize the information to benefit the children in your care.(All Ages)	Melinda Benson Inclusive Child Care Program	\$20
March 5 Thursday 6:00-9:00pm Set 1	PM	Oregon's QRIS Increasing Quality Training This session is the first step to participating in Oregon's Quality Rating and Improvement System (QRIS). Oregon's QRIS recognizes rewards and builds on what you are already doing well and provides free tools, financial incentives and professional support to increase and document your quality. Participants will explore QRIS participation through a step by step breakdown of the QRIS process and criteria and get an in depth look at the benefits of participating in Oregon's QRIS.	Cheryle Myers QRIS Specialist	Free
March 7 Saturday 9:00-12:00pm Set 1	HGD	Discovering Potentials 1.3: The Social-Emotional Connection The school-age years are prime time for developing social and emotional skills. We will see how emotional competence is connected to social behavior. Practitioners will learn how they can help children develop emotional and social competencies. Participants must have completed 1.1 and 1.2 before taking this session. (School Age)	Pamela DuVall, MAT Master Trainer	\$15
March 7 Saturday 12:30-3:30pm Set 1	HGD	Discovering Potentials 1.4: The Value of Relationships Friends and friendships are everything to school age children, and relationships with adults areas important as those with peers. We will learn the value of relationships in positive social and emotional development. Practitioners will plan ways that they can provide opportunities for children to gain social and emotional competencies and relationship skills. Participants must have completed 1.1 and 1.2 and 1.3 before taking this session. (School Age)	Pamela DuVall, MAT Master Trainer	\$15
March 14 Saturday 9:00-1:00pm <i>Pending Set 3</i>	SN	Approaches to Implementing Effective Strategies for Children With Special Needs. This training will provide participants with concrete evaluation of systems that (1) identify how, when, and where children need support, (2) plan for strategies and (3) assess effectiveness of plans in an ongoing manner (All Ages).	Pamela DuVall, MAT Master Trainer	\$20

Douglas County Child Care Training Bulletin: January-March 2015

All workshops count toward the Office of Child Care training requirements. Please note: all categories except PM & PPLD are considered "child development." *See below for CKC abbreviations. Please call 541.440.7705 to register.

DATE	CKC	TITLE & DESCRIPTION	TRAINER	COST
Jan 31 Saturday 9am-12pm UCC	HSN Set 1 1.5 hrs	I AM MOVING, I AM LEARNING: Opportunity Knocks This introductory session introduces the IMIL curriculum, provides recent information and research on obesity trends and offers suggestions and strategies to assist children to increase physical activity and healthy food choices.	Heather Freilingner Family Connections	\$20 for both sessions
Part 1 of 3	LEC Set 1 1.5 hrs	I AM MOVING, I AM LEARNING: Body Language We need to be intentional about how children play and provide quality movement experiences led by informed adults. Learn strategies to develop active learning experiences in your program.	<i>Includes CD valued at \$15!</i>	
Feb 10 Monday 6-9pm UCC	PM Set 1	OREGON'S QUALITY RATING AND IMPROVEMENT SYSTEM (QRIS) INCREASING QUALITY TRAINING This session is the first step to participating in Oregon's Quality Rating and Improvement System (QRIS). Oregon's QRIS recognizes, rewards and builds on what you are already doing well and provides free tools, financial incentives and professional support to increase and document your quality.	Heather Freilingner Family Connections	Free
Feb 11 Wednesday 6-8pm Douglas ESD	HGD Set 1	CULTIVATING EARLY MATH SKILLS Cultivating mathematical thinking in young children allows them to explore and understand the components of mathematics; geometry and spatial awareness, numbers and operations, measurement, data collection and analysis, and patterns. Learn how children develop these skills and ways to foster that development. <i>*Co-sponsored by Douglas Co Parent Ed Brokerage</i>	Christy Cox Ford Family Foundation	\$10
Feb 21 Saturday 9am-12pm UCC	HGD Set 1 1.5 hrs	I AM MOVING, I AM LEARNING: Moving With The Brain in Mind This session is all about the structure and function of the brain and how "the body trains the brain." Learn how physical activity helps the brain form connections as children move their bodies, families and staff.	Heather Freilingner Family Connections	\$20 for both sessions
Part 2 of 3	LEC Set 1 1.5 hrs	I AM MOVING, I AM LEARNING: MVPA Every Day Children need a variety of moderate to vigorous physical activity (MVPA) every day to be healthy and strong. Learn about guidelines for activity for young children and how physical movement helps children develop needed school readiness skills.	<i>Includes CD valued at \$15!</i>	
Feb 23 and Mar 2 Monday 6-8pm Douglas ESD	UGB Set 2 4 hrs	THE ART OF EMOTION COACHING Explore strategies to help children gain skills to become comfortable with their own feelings and learn to express their emotions in constructive ways. Examine personal emotional experiences or "hot buttons" and the influence these have on our interactions with children. <i>*Co-sponsored by Douglas Co Parent Ed Brokerage</i>	Barbara Tennison Parent Educator	\$20
March 12 Thursday 6-8pm Douglas ESD	UGB Set 1 2 hrs	NURTURING THE SPIRITED CHILD The spirited child – often called "difficult" or "strong-willed" can be overwhelming for parents and caregivers. Gain a greater understanding of temperamental traits and learn strategies to plan for success by energizing positive vs. negative behavior. <i>*Co-sponsored by Douglas Co Parent Ed Brokerage</i>	TBA	\$10

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Pediatric First Aid
CPR & AED

Recognizing & Reporting
Child Abuse & Neglect

Family Child Care
Overview

DHS Exempt
Orientation

2/21: 8:30am-3pm

2/19: 6-8pm

2/5: 10am-1pm

2/4: 6-8pm

Have you heard about QRIS?

Oregon's Quality Rating and Improvement Systems (QRIS) is a voluntary program that uses common early learning standards to recognize childcare programs in Oregon. In short, it builds on what you are already doing well by providing your program with additional funds and support to move towards and meet these common standards. Call and register today for a FREE training and learn more about QRIS! (With no obligation to participate)

Check out this short video on why you should consider participating in Oregon's Quality Improvement Program System (QRIS) <http://teachingresearchinstitute.org/library/page/50>

QRIS Network Opportunity

Are you new to QRIS? Do you currently serve families with special needs children, live in a rural part of our county or provide care for a high percentage of DHS subsidized families. Family Connections is interested in talking with you about a new QRIS network - Call Heather Freiling at 541-440-7706 to register today for the QRIS training and ask questions about an exciting new network. Networks help family programs connect and engage in the QRIS process. Additional support funds and resources are available to network participants.

QRIS Community Cafés

Please join us for this QRIS support opportunity to help with QRIS forms, assessments, planning and mapping out your professional development. Cafés are held at Shari's, join us for this productive time providers have used to keep moving through the quality process. Providers do not have to come for the entire café but they must RSVP at 541-440-7706.

January 19 Community Cafe at Shari's 6-8
March 16 QRIS Work Session 6-9 (TBD)

I am Moving, I am Learning Series!

9 hours of Professional Development

Sign up for the whole series of "I Am Moving I am Learning" and get a bonus 4th CD Free! Part 1& 2 are offered this term (see details on previous page) Part 3 will be held Spring Term on April 4th! Please save the date!

Saturday Early Childhood Workshops

SOU Workshop Schedule 2014-15



*Professional Development Opportunities Open to Early Childhood Professionals
at Umpqua Community College in Roseburg, Oregon*

BOTH SESSIONS ARE SET 2 PENDING!

Mar. 14, 2015 Collaborating with Families of English Language Learners- Megan Farnsworth

***May 16, 2015** Meeting Families Where They Are – Effective Practices for Promoting Family Engagement - Sue Hamilton and Talley Dunn
*This is a part of the Spring Fling Event and is subject to a nominal charge for lunch.

To provide support for early childhood professionals in the community and to allow our online students a venue to work face-to-face with their peers, we have developed a series of Early Childhood Development Workshops. They are open to students and non-students. Current students can register through MySOU. One unit of ED 207/399 credit will be available for those that attend for the full 8 hours and complete the final project.

8:30-4:30 pm

1140 Umpqua College Rd, Roseburg, OR 97470

Workshop is free; \$55 for 1 SOU credit per workshop as ED 207/399

**Additional information, to register and pay contact:
Umpqua Community College, Family Connections
541-440-7705**

**SO Southern OREGON
UNIVERSITY**

For more information on any of these Douglas County programs, please call: 541-440-7705

Condado de Lane Boletín de Capacitaciones: invierno 2015

Los entrenamientos son aprobados por la Oficina de Cuidado de Niños (Office of Child Care). Las categorías en los entrenamientos son del desarrollo de niños (child development), en excepto la orientación, y la introducción de cuidado infantil.

Conocimiento Central para la Profesión de Cuidado y Educación Infantil de Oregon (CKC's): **DIV**-Temas de Diversidad; **FCS**- Familiares y Comunitarios; **HSN**- Salud, Seguridad y Nutrición; **HGD**-Salud, Seguridad y Nutrición; Crecimiento y Desarrollo Humano; **LEC**-Ambientes de Aprendizaje y Plan de Estudios; **O&A**- Observación y Evaluación; **PPLD**- Desarrollo Personal, Profesional y de Liderazgo; **PM**-Administración de Programas; **SN**-Necesidades Especiales; **UGB**-Entendimiento y Orientación en Conducta.

Fecha/ Hora	Capacitaciones	Descripción	Entrenador	Costo
Segundo miércoles del mes 1/14/15 2/11/15 3/11/15 6:00-9:00 3 horas	Comunidad de Café	Cada segundo miércoles del mes estaré en la comunidad de café. Estaré en mi oficina para preguntas de QRIS, Oregon Registry, y para el cambio de bolsas de Raising a Reader. Pueden venir el tiempo que sea entre esas 3 horas.	Karla Young Trabajadora de Family Connections	Gratis
sábado 1/31/2015 12:30-3:30 3 horas	Orientación para Proveedores de Cuidado Infantil (PM)	La Orientación es una clase que brinda información sobre el Programa de Cuidado Infantil de DHS. Ayuda a entender los procesos de listado y facturación. También aprenderá como reunir los requisitos para la cuota mejorada.	Karla Young Trabajadora de Family Connections	Gratis
lunes 2/2/2015 5:30-8:30 3 horas	Introducción al Cuidado Infantil Registrado Familiar (PM)	Esta clase es la primera clase para obtener la licencia de cuidado infantil familiar. Explicaremos el proceso para obtener la licencia registrada familiar y también le daremos información sobre el cuidado infantil de alta calidad y como un negocio.	Karla Young Trabajadora de Family Connections	Gratis
sábado 2/7/2015 9:00-2:00 5 horas	Primeros Auxilios y Respiración Cardiopulmonar Pediátrica (HSN)	Esta clase es requerida para obtener y renovar la licencia Registrada, o Certificada, o para trabajar en un Centro. También esta licencia le ayuda a obtener la mejor tarifa en el pago que recibe de la Unidad de Pago Directo.	Karla Young Trabajadora de Family Connections	\$40
jueves 2/12/15 6:30-8:30 2 horas	Taller de Como Reconocer y Denunciar el Abuso y Negligencia Infantil (HSN)	En Oregon el personal escolar y cuidado de niños son informantes obligatorios de reportar sospechas de abuso y negligencia. En este taller los participantes aprenderán el proceso de como reportar estas sospechas.	DHS	\$10
jueves 2/19/15 6:30-8:30 2 horas	Actitud y condiciones de conducta de padres frente al aprendizaje (DIV)	En esta clase aprenderán como las condiciones familiares y factores culturales influyen el aprendizaje de los niños. Exploraremos creencias paternas y maternas y actitudes y acciones que afectan el éxito escolar. Los estudiantes también aprenderán como intentar aprendizaje positivo en las familias.	Briselda Molina Entrenadora de la Comunidad	\$10

Campaña de Oregon Registry de la Oficina de Cuidado Infantil: La Oficina de Cuidado Infantil nos dio fondos adicionales para apoyarlas a subir en el Oregon Registry. Vamos a usar los fondos para reducir el costo de las clases. Para clases conjunto 1, el precio temporal es de \$10. Para clases de conjunto 2, son de \$20. Vamos a cobrar más por clases más de 3 horas y si se ofrece materiales (ejemplo: libros, CD, etcétera). La reducción temporal es hasta el 30 de junio del 2015. También vamos a ofrecer juntas en como leer la Declaración de Desarrollo Profesional de Oregon Registry. Haga una cita conmigo para más información.

Clase Gratis de Primeros Auxilios Pediátricos y RCP

¿Usted tiene licencia de CCD para Cuidado Infantil o Certificado de Cuidado Infantil Familiar? Usted puede ser elegible para renovar su licencia de CCD (su nombre tiene que aparecer en la licencia). Para preguntas llame a Family Connections a 541-463-3306.

ORO <https://my.oregonregistryonline.org/>

¡Su cuenta del Registro de Oregón ya está disponible en línea!

- Crea una cuenta myORO
- Acceda a la información de su formación
- Imprima un Declaración de Desarrollo Profesional
- Actualice su información de contacto

Ahora puede aplicar de paso sin enviar \$10 al Oregon Registry. *Tiene que hacerlo antes del 30 de junio 2015.*

Reglas para los bocaditos

*Siéntese en un lugar tranquilo sin televisión.

*Deles uno 10-15 minutos para comerlos.

*Deles porciones pequeña, y si le piden más, pregúntele si todavía tiene hambre.

* Los bocaditos son una buena forma de añadir más fruta y verduras en la dieta de sus hijos.

*El agua es perfecta para beber con bocaditos; las bebidas con muchas calorías como el jugo de frutas al 100% y otros jugos llenan al niño y no ofrecen la nutrición de otros bocaditos sanos.

Vaca Morada:

¼ taza de jugo de uva sin azúcar

1 taza de leche descremada

1 plátano en rodajas

Mezcle todos los ingredientes en la batidora.

Para más información, puede ir a:

<http://www.fitcitychallenge.org/Families/MenusSnacks.aspx>

<http://extension.psu.edu/youth/betterkidcare>