Midterm Self Assessment Course Corrections

Is there a course in which you are not reaching your academic goal? Complete the following statements so that we can begin talking about what's going well in the course as well as what you might change to enable you to meet your goal.
Course:
Instructor:
I have missed class times.
I have been late for class times.
I have missed handing in assignments times.
I have turned assignments in late times.
I have begun studying the day before an exam times.
I have begun major assignments on the day before they are due times.
I complete assigned reading before class: never/rarely/sometimes/often (circle one).
I take notes on what the instructor is saying (not just on the slides): never/rarely/sometimes/often.
I have asked questions during or after class when something was unclear to me times.
I review my lecture notes after class and make connections to the reading: never/rarely/sometimes/often.
Overall, I study (read, review notes, etc.) for the course about hours per week.
Overall, I have done my work for this course at percent of my best effort.
I have met with my professor to discuss my questions and concerns times.
I have met with a tutor for this course (if available) times.
I have studied effectively with a friend or group times.
I have visited the writing center for assistance with major writing assignments times.
I have reviewed and revised my major assignments before handing them in times.
I consult my syllabus and assignment sheets for due dates and guidelines: never/rarely/sometimes/often.
I have maintained records (exam scores, etc.) that allow me to determine my current level of performance in the course: yes/no.
According to my instructor my current grade in the course is
If I continue with my current approach to this course, my final grade will probably be

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The advantages of doing well in this course are...

The disadvantages of doing poorly in this course are...

Changes I will make to improve my results in this course are...

Adapted by D. Van Abbema (2007) from P. Alderett's modification of original by B. Wolfe.