



Fall In-Service

Classified PD Workshops

9-9:50am	<u>BULLET JOURNALING:</u>	3/Boardroom
	Get organized, , accomplish all your tasks, create room in your life, and take account of all your successes... All in ONE book! Join Kerry Levett and Lynn Nakamura for a presentation on this popular technique & you may even leave with a free journal!	
10-10:50am	<u>KBASE SKILL TRAINING:</u>	3/Boardroom
	Join Lesley Stine for an invaluable training to learn how to access the knowledge and skills database and REFRESH your skills going into next year.	
11-12:20pm	<u>EAT BEAUTIFUL:</u>	Longhouse Kitchen
	Join Megan Stevens, Eat Beautiful blogger and owner of local health food sensation Vanilla Jill's to liven up your lunch box with nourishing, creative, and delicious creations! Bring an appetite for snacks and treats!	
12:00-12:30pm	<u>BROWN BAG LUNCH</u>	Longhouse
12:30-1:20pm	<u>MOVEMENT + MEDITATION = MINDFULNESS:</u>	30/135
	Join local Breema Instructors and learn to be present through a deepening relationship with your own body. Learn exercises that you can do anytime and anywhere to increase your life energy.	
1-1:50pm	<u>HAVE YOU HEARD ABOUT CPDT? FIND OUT MORE!</u>	16/186
	Have you participated in Classified Professional Development opportunities in the past? Thinking of going back to school or going to a conference? Find out how CPDT can support your professional development activities while employed at Lane. Also, find out how CPDT opportunities have changed.	
1:30-3:30pm	<u>A WALKING MYSTERY:</u>	Meet @ Bristow Square
	Start the walk with fellow staff on an adventure around campus, getting to know valuable resources, services, and people through a trail of clues and riddles. The mystery unfolds at a hidden rendezvous where the participants will be pleasantly surprised by the pampering. At the end, you'll receive a mini-bodywork session!	

CPDT has helped to make Fall Inservice 2015 a special event! Please check out the website at www.lanecc.edu/CPDT and explore all the opportunities that are available to Classified Staff! Thanks to all employees at Lane committed to professional development! Have a great year and see you at Spring Conference 2016.

