LANE COMMUNITY COLLEGE
FALL INSERVICE
2012-2013: Continuing to strengthen and deepen the Lane story.

Map provided on p. 13

Mon, Sep 17		Faculty Connections (Day 1 of 2)	Location TBD
From	**To**	**Description**	**Location**
8:00 am	5:00 pm	**Academic Technology Center (ATC)** All-Day Drop-In Lab	**ATC: LCC02/121**

Tue, Sep 18		Faculty Connections (Day 2 of 2)	Location TBD
From	**To**	**Description**	**Location**
8:00 am	5:00 pm	**Academic Technology Center (ATC)** All-Day Drop-In Lab	**ATC: LCC02/121**

Wed, Sep 19		Department/Division Meetings	Location TBD
From	**To**	**Description**	**Location**
8:00 am	5:00 pm	**Academic Technology Center (ATC)** All-Day Drop-In Lab	**ATC: LCC02/121**
8:00 am	5:00 pm	**Department/Division Meetings**	Coordinated by Mgt.
1:00 pm	4:30 pm	**Faculty Sabbatical Presentations** **Light refreshments will be available** *Written reports of sabbatical work may be found at: lanecc.edu/fpd*	**CML 226 Auditorium**
1:00 pm	1:20 pm	Nadia Raza, Social Science ***Contemporary Gender Relations in Jordan and South Africa***	
1:20 pm	1:40 pm	Christina Salter, Counseling ***Steeped in the Arts: Holding On, Letting Go, and Being with Art***	
1:40 pm	2:00 pm	Gail Hemsoth, ABSE ***Integrated Field Experience: Restoring Sustainable Habitat for Native Plants, Deer, and Fish in the North Bank Habitat Area***	
2:00 pm	2:20 pm	Phil Moore, Mathematics ***The History and Theory of Perfect Numbers***	
2:20 pm	2:35 pm	***Break***	
2:35 pm	2:55 pm	Jim Salt, Social Science ***What the World Needs Now: Sociology and Social Change for Activists Who Turned to Sociology When Revolution Wasn't Enough (or Possible)***	
2:55 pm	3:15 pm	Amy Beasley, Language/Language Communication ***Technical Writing and Community Action***	
3:15 pm	3:35 pm	Hyla Rosenberg, Language/Language Communication ***Intercultural Communication and Conflict Management/ Transformation***	
3:35 pm	3:55 pm	Tracy Henninger-Willey, ESL/Ctr. for Learning Advancement ***Computer-Assisted Language Learning (CALL) Study***	
4:00 pm	4:15 pm	Closing Remarks	

Sabbatical report to be given later in the fall: Debby Ganser, Counseling – Intervention of Distressed Student Protocol

Thu, Sep 20 8:00 am – 5:00 pm		Fall Term Kickoff Focus tables located in the Lobby: *Employee Directory Photo Booth *FASTLANE Sign-up *Rachel Nice Health and Awareness Fair *ROSE Room Table (reusable office supply exchange) * *Take Back the Tap* Sustainability Program Kickoff	Center for Meeting and Learning (CML)

From	To	Morning Program	Location
8:00 am	8:30 am	**Catching Up With Your Colleagues!** *Bring Your Own Cup!* **(in the interest of sustainable change management, a limited number of hot beverage cups will be available)**	**CML Lobby Beverage Stations**
8:30 am	8:40 am	**Welcome. What is in store for today?** (Sonya Christian)	**CML 102-104**
8:40 am	8:45 am	**Welcome by LCC Board Chair** (Sharon Stiles)	
8:45 am	10:00 am	**Annual State of the College Address by the President** (Mary Spilde)	
10:00 am	10:10 am	*Refresh and Stretch Break*	**CML Lobby**
10:15 am	11:00 am	**Unveiling Lane's Institutional Score Card** (Sonya Christian & Ben Hill)	**CML 102-104**

11:15 am	12:15 pm	Morning Program – Breakout Sessions	Location
		Session 1: *Strengthening and Deepening Sustainability Literacy at Lane* (Gerry Meenaghan) As Lane's student services departments continue their intentional efforts to orient and advise new students, we need to engage the entire campus community in strengthening and deepening their knowledge of this high impact practice and its direct impact on our strategic directions and institutional scorecard indicators. Beyond orientation, research shows that having a dynamic, accessible educational plan is a clear driver for student success, progression and completion. Let's imagine how each of us at Lane can contribute to a campus-wide culture of students developing, following, and taking ownership of a personalized academic plan. **###** How can we collectively raise awareness of this proven practice and incorporate an expectation of planful progression into our culture?	**LCC19/241 Enhanced Classroom**
		Session 2: *Degree Qualifications Profile (DQP) and the Associate Degree at Lane: Strengthening and Deepening Liberal Education* (Siskanna Naynaha) The state of Oregon, with Lane Community College at the lead, has recently received a hefty grant to test the Degree Qualifications Profile (DQP) as a catalyst for improving and assessing the quality of student learning, facilitating effective student transfer, and increasing college completion rates. **###** This breakout session will focus on articulating the relationships among the particular learning outcomes in participants' departments/programs, the "Liberal Education" Strategic Direction, and the DQP, with a special focus on defining and describing the Associate Degree at Lane Community College.	**LCC19/232 Enhanced Classroom**

		Session 3: *Please, come in…Welcoming students to our campus using interactive online tools* (Marisa Hastie) Imagine if we had an online, interactive option for all orientations on campus that felt as warm and personal as inviting students through the doorway of your own home. We will explore the vision of creating welcoming "architecture" for students as they explore Lane from the Web. **###** Simple tools and techniques will be discussed that all departments can utilize in strengthening and deepening how we greet, welcome, and serve students on our campus.	**LCC19/245** **Enhanced Classroom**
		Session 4: *Strengthening and Deepening Sustainability Literacy at Lane* (Brian Kelly, Jennifer Hayward, and Claudia Owen) Imagine a society in which all humans are healthy, have a decent quality of life, celebrate cultural diversity, and preserve the biologically diverse ecosystems on which we all depend. With students, Lane has the ability to affect such change through strengthening and deepening our curriculum in the areas of environmental literacy and social responsibility. Research suggests that students graduating from colleges with environmental literacy and sustainability core requirements care more deeply about society's future and are more willing to tackle societal and environmental problems. **###** Lane has excellent classes and programs that focus on sustainability, but many of our graduates do not take these courses. Attendees will help develop a pathway for ensuring that more of our graduates are leaving with a deeper understanding of this vital topic and the change agent skills to create a positive future.	**LCC19/246** **Enhanced Classroom**
		Session 5: **Strengthening and Deepening the Measurement of Mission Fulfillment** (Ben Hill and Data Coaches) How do we know we are accomplishing our mission? Lane's Institutional Scorecard supports self-evaluation with both high-level clarity and detailed connection to our work, and to the success of our students. In this session, we will "test drive" the Scorecard by using comparative data to score Lane on several indicators of mission fulfillment. As the Scorecard remains a work in progress, we will also discuss how the instrument and scoring process might be refined as development continues. **###** Discover how the Institutional Scorecard process works in practice and develop baseline scores and rationales for selected indicators. Gather input on the further development of the Scorecard and its use. Promote broader knowledge of the Scorecard among Lane employees.	**LCC19/234** **Enhanced Classroom**
		Session 6: FASTLANE - The Details (Thad Cowdin and Bill Schuetz) (1 of 2) (repeats Friday at 1:00 pm) • Frustrated with your computer system? • Tired of waiting for it to boot or perform normal operations? • Do you hate it when your computer gets slower over time? • Are you concerned about viruses and malware? • Do you wish that someone could just login to your computer and fix problems quickly? If your answer to these questions is YES - then this session is for you! **###** Come hear about the new program called, "**FASTLANE**": what it means, how to get it, and how it will benefit you.	**LCC02/215** **Computer Classroom** *Special Note:* *Participants will receive a flash drive. Limited supply means first come, first serve!*

		Session 7: Entrepreneurial Lens – How to Make Your Ideas Take Off! (Michael O'Neal, Tony Sanjume, Roberta Stitt) Are you a decision maker who is constantly approached with ideas and don't know how to choose the right ones? Do you have an idea and want to learn how to develop it? Have you experienced a project that stalled before it got started? Come meet Lane's enterprise brain trust and find out how you can apply simple entrepreneurial thinking to support ideas and innovations in your department. **###** Participants will walk away with the resources necessary to evaluate projects and proposals using best practices and college standards.	**LCC19/248 Enhanced Classroom**
		Session 8: Oregon Achievement Compacts & Lane's 2013 Achievement Compact (Phil Martinez) The first half of this information-packed session will explain Lane's engagement with the Oregon Education Investment Board (OEIB) and stakeholder representatives to shape the state compact process. Beginning with a summary of the goals, history, and results of Outcomes Assessment and Performance Funding, nationally, and alternatively, Educational Investment, as proposed by Lane's Achievement Compact Task Force, the first portion will end with a summary of Lane's engagement in efforts to shape Oregon's Achievement Compacts. **###** The second half of the session will explain Lane's engagement with the Oregon Education Investment Board (OEIB) and stakeholder representatives to shape the state compact process. A summary of the goals, history, and results of Outcomes Assessment and Performance Funding, nationally, and alternatively, Educational Investment, as proposed by Lane's Achievement Compact Task Force will be presented. The session will end with a summary of Lane's engagement in efforts to shape Oregon's Achievement Compacts.	**LCC19/243 Enhanced Classroom**
		Session 9: Budget and Finance Tutorial for Classified Administrative Staff (Tasha Drake, College Finance, and Cathy Nolan, Budget Office) This interactive session provides timely procedural knowledge and information on processing financial transactions and running informative reports in the Banner system. Please join the Budget Office and College Finance for an informative, basic overview and presentation of selected budget and finance processes. This workshop will relate to some day-to-day tasks and the challenges that arrive with them. **###** In general terms, participants will learn about Purchase Orders, Budget Queries, Income Credit Program, and Banner download reporting. The presenters will be welcoming topics and ideas for developing a revolving training program. Please come join the conversation!	**LCC02/211 Enhanced Classroom**

12:15 pm - 1:15 pm
Time for Lunch! Hosted Buffet Lunch with *Americana Barbeque* theme
Prepared by professional Chefs Tim Hill and Adam Hammel and their trained staff showcasing delicious local and seasonal ingredients. All menu selections will be either gluten- free, vegan, vegetarian, or a combination.
Location: Cafeteria, Center Building, First Floor

Get Your Socialization On!

12:45 – 1:45 pm
Annual Root Beer Float Social
Hosted by Lane's Classified Professional Development Team (CPDT)
Location: Moskus Courtyard

From	To	Description	Location
2:30 pm	5:00 pm	**Classified Union Meeting**	**CML 102**
2:30 pm	5:00 pm	**Faculty Union Meeting**	**CML 103**
2:30 pm	5:00 pm	**Manager Meeting**	**CML 104**

Fri, Sep 21 **9:00 am – 4:00 pm**	**Breakout Sessions Class Prep Day, and** **Health & Wellness Program Events**	

From	To	**CAMPUS LIFE AND DIVERSITY TRACK**	
9:00 am	12:00 pm	**Allies and Safe Space Program at Lane** (LGBTQIA Training Committee, Donna Koechig, and Maure Smith-Benanti-UO Assistant Director; Lesbian, Bisexual, Transgender Education & Support Service) Have you ever wondered . . .? *When can I use the word queer to talk about lesbian, gay, bisexual, or transgender people? Am I an Ally? (Wait, am I a **good** ally?) - What does an Ally/Safe Space training look like? How can I help launch a program on our campus?* If so, please join us for a session to learn how to identify the qualities of an effective ally and determine whether or not they will choose to be affiliated with this program at the college. Lane's Ally and Safe Space Program is a network of staff and students who are supportive of LGBTQIA individuals and are committed to providing a "safe zone" for anyone dealing with sexual or gender orientation issues. ***Sponsored by Lane's Diversity Office***	**CML 103** **Meeting Room** **(LCC19/103)**
1:00 pm	1:50 pm	**Special Event:** *Paul Robeson by Phillip Hayes Dean*, a one-man play performed by Stanley Coleman (part-time faculty in Lane's Language, Literature, and Communication Department). **###** A brief portrait of Robeson, an American singer and actor whose advocacy for social justice transformed him into a political activist for the Civil Rights Movement and for the rights of people around the world. Robeson used his deep baritone voice to promote Black spirituals, to share the cultures of other countries, and to benefit the labor and social movements of his time. He sang for peace and justice in 25 languages throughout the U.S., Europe, the Soviet Union, and Africa. Robeson became known as a citizen of the world. In 1915, Robeson won a four-year academic scholarship to Rutgers University where, despite violence and racism from teammates, he won 15 varsity letters in sports (baseball, basketball, and track) and was twice named to the All-American Football Team. He received the Phi Beta Kappa key in his junior year, belonged to the Cap & Skull Honor Society, and graduated as Valedictorian. Robeson graduated from Columbia Law School while playing in the National Football League (NFL) and singing and acting in off-campus productions. He became an integral part of the Harlem Renaissance. He left the practice of law to use his artistic talents in theater and music to promote African and African-American history and culture. In London, Robeson earned international acclaim for his lead role in *Othello,* for which he won the Donaldson Award for Best Acting Performance (1944). (sources: http://en.wikipedia.org/wiki/Paul_Robeson)	**CML 226** **Auditorium** **(LCC19/226)**

2:00 pm	2:50 pm	**Basic Self Defense** (Taught by Public Safety Corporals Ryker and Rupp) Attendees will be led through a series of warm up exercises to help loosen them up and instructed on proper methods to perform a variety of strikes and escape techniques. Persons attending will then be monitored as they practice their new skills on strike bags.	**LCC05/125** **Enhanced Classroom**
2:00 pm	3:30 pm	**Opportunities for ESL Students** (Rosa Lopez et al) Short presentations by Women's Center, ESL, Workforce, Counseling, Career Pathways, Multicultural Center, and more on current scope of educational opportunities and services available to our students. Learn how to communicate these many services to our students and staff, and how to integrate options and services into their own departments for ESL students.	**LCC19/243** **Enhanced Classroom**
3:00 pm	3:50 pm	**Sexual Assault Awareness & Prevention** (Taught by Public Safety Corporals Ryker and Rupp) Attendees will be given instruction on how to prevent sexual assault, what steps to take if they are assaulted and will be informed on how and where to report these incidents.	**LCC05/125** **Enhanced Classroom**
		COLLEGE AND STUDENT SUCCESS TRACK	
9:00 am	10:30 am	**Write a Grant for that Program You Have Always Wanted** (Mara Fields) Have an idea for your department, but not the funds to bring it to fruition? Come to this Grant Writing session ready to roll up your sleeves and actually begin planning and writing your grant project idea. Bring several colleagues from your department or related departments if possible, as the more minds for planning the better. We will spend a small amount of time giving directions for project development and design, but the rest will be spent writing a need statement, designing your project to meet that need, drafting a tentative budget and discussing the other elements necessary for a complete grant application. Grants Office staff will also provide information about potential funders nationally and in Oregon, so that when you have completed your project plan, you can actually submit. **###** You should walk away feeling like you have a good start on your grant project proposal and an understanding of what next steps you need to take for grant submission.	**CML 220** **Meeting Room** **(LCC19/220)**
9:00 am	10:30 am	**The First Year Matters: A Philosophy for Lane's First-Year Students** (Mary Parthemer and Lida Herberger) As follow up to the 2011-2012 Foundations of Excellence self-assessment process - to determine Lane's strengths and areas for improvement in relation to how it approaches the critical first year for its students and the recommendations that evolved from that process - this session provides attendees with the opportunity to help refine Lane's first-year philosophy. **###** Once refined, the philosophy statement will be used to help guide how we engage our first-year students for improved outcomes.	**LCC19/241** **Enhanced Classroom**
11:00 am	11:50 am	**Barriers to Student Success: Multi-tasking and Sleep Deprivation** (Melinda Bean and Eric Kim) A student falls asleep in class... A student is texting during class... Although it may be apparent that students are experiencing difficulties, identifying specific barriers to success is fundamental to implementing effective strategies for change to address ongoing difficulties and to continue building a pathway to reach goals. Our students often have a wide range of responsibilities to manage in their lives in addition to managing the demands associated with establishing viable patterns for ongoing achievement in college. In the process of managing responsibilities, students often experience sleep deprivation and may resort	**LCC19/241** **Enhanced Classroom**

		to strategies involving multitasking to try to keep up with the demands that they face every day. Sleep deprivation and multitasking are barriers to success. Sleep deprivation impairs mental functioning. Multitasking involves rapidly switching attention from one task to another task decreasing the ability to effectively address and complete each task. Time management skills underlie success and can break down the barriers of sleep deprivation and multitasking. ***###*** In our breakout session, we will discuss the barriers of sleep deprivation and multitasking within the framework of current psychological research. We will also explore ways to create opportunities for students to further develop their time management skills to break down the barriers of sleep deprivation and multitasking.	
1:00 pm	**1:50 pm**	**Financial Aid and Student Success** (Helen Faith) Back by popular demand, and with your suggestions incorporated! If you advise or teach students in just about any capacity, you've probably been asked or have wondered about financial aid implications in matters of course selection, grades, dropping classes. . .and the list goes on. This session will address these questions so that you can help students be more successful and improve their ability to continue on to their long-term academic and financial goals. ***###*** When you leave, you'll know the answers to these and other mind-bending questions: • My SAP should be perfect—I have a 4.0! What do you mean by '50% completion rate?' • I haven't taken all the classes I need to graduate—how could I have hit my 'Credit Limit?' • I caught the flu last term and stopped going to class—how heartless are you to make me pay back some of my financial aid?	**LCC19/241** **Enhanced Classroom**
2:00 pm	**2:50 pm**	**The World at Our Door: Tips and Trips for Working with International and ESL Students** (Jennifer Falzerano, Cybele Higgins, and Karen Krumrey) Heard the buzz about the growth in international students and non-native speakers of English in U.S. colleges and universities? Wondering what's happening here at Lane and how it might affect your classroom or office? Join us to learn about Lane's Office of International Programs and English as a Second Language Department. Lane experienced a 9.6% growth in international students last year, and expects a substantially larger increase this year and in future years. This session will cover information about who the international students are at Lane, where they come from, and what services are available to serve them. English as Second Language is the starting point at Lane for many international students and immigrant students whose first language isn't English. ***###*** This session will also review the ESL department and the services and courses available at Lane. Faculty members Cybele Higgins and Karen Krumrey will each provide tips on working with non-native speakers and intercultural communication. The final 15 minutes will be dedicated to Q&A.	**LCC19/245** **Enhanced Classroom**
		**TEACHING AND LEARNING TRACK**	
10:00 am	**10:50 am**	**Applying Learning Gardens to Every Curriculum** (Julie Sheen) (1 of 2) (repeats at 11:00 am) Faculty participants will first be introduced to the garden through a brief tour of the gardens and a discussion of the goals of the site, followed by involvement in four rotations which model and demonstrate how the gardens can help them incorporate experiential, place-based, community-oriented, and sustainability-focused learning into their classes. All rotations will demonstrate classroom scenarios where active participation by attendees is encouraged. This will be a fun session for anyone interested.	**Learning Garden (LCC23)** **(located behind Child and Family Education LCC24)**

		Boots won't be required but might come in handy!	
		Rotations overview: ***Experiential:*** Hands-on activities can enhance concept mastery and give more personal meaning to classroom learning. A partnership with the Learning Gardens can provide students with a diversity of hands-on learning activities as they plan and complete garden-related projects that relate to the course. Whether using math to plan a building structure or lay irrigation, or giving life to art class through planning and planting a flower bed, we have a variety of opportunities for students to get their hands dirty. ***###*** ***Place-based:*** The Learning Gardens can connect our studies specifically to our beautiful place here in our unique bioregion of the South Willamette Valley. We will use our creek restoration project as a backdrop to explore how to connect our students to their place through learning about native plants ecosystems of the world just around us. ***###*** ***Community oriented:*** When we work and learn together in the Learning Gardens, we form a strong and supportive learning community. We will explore and model a few ways in which working together in a garden can help create community in your classroom and allow students to build important skills of teamwork and cooperation. ***###*** ***Sustainability focused:*** Increasing campus sustainability is one of the main goals of the garden. A part of that goal is exploring how we can all live healthier, sustainable lives. The garden can help students explore important sustainability issues that include local food security and waste and recycling.	
11:00 am	**11:50 am**	**Applying Learning Gardens to Every Curriculum** (Julie Sheen) (2 of 2)	**Learning Garden (LCC23) (located behind Child and Family Education LCC24)**
11:00 am	**11:50 am**	**High School Connections: Who We Are, What We Do, and Why it Matters** (Deron Fort) In this session, the director and members of the High School Connections Department will provide an overview of their office, what they do in support of Lane Community College's mission and core values, and why the work is not only important, but affects folks all across campus – administrators, staff, students, and visitors from the community. **###** Session participants will be introduced to the COLLEGE NOW program for students in the high schools, the RTEC program for students receiving an early college experience on the Lane campus, as well as other innovative services that the office provides in support of youth, high schools, the community, the state, and Lane Community College.	**LCC10/117 Enhanced Classroom**
1:00 pm	**1:50 pm**	**Year of Feedback: Best Practices for Teaching Grammar in College English** (Siskanna Naynaha) In this session, Writing/Composition Coordinator Siskanna Naynaha will recount the salient details of Paul Kei Matsuda's plenary session at the 2012 Conference on Writing Program Administration: "Writing Programs in Global and Multilingual U.S. Higher Education: The Implications of the Myth of Linguistic Homogeneity for WPAs." **###** The session will include discussion of how to use teacher and student feedback to aid in effective grammar instruction as well as provide resources and materials for faculty to take directly into the classroom.	**LCC19/245 Enhanced Classroom**

2:00 pm	2:50 pm	**So. . . You Are Thinking About Teaching Online?** (Meredith Keene-Wilson) Are you thinking about teaching online but not really sure what it takes? Join us for a lively panel discussion with seasoned online instructors. Ask them the tough questions and learn from their experience. There will be a short presentation at the end of the session for next steps and how to get started teaching online at Lane.	**LCC02/211 Enhanced Classroom**
3:00 pm	3:50 pm	**Quality Matters in Online Instruction** (Meredith Keene-Wilson)	**LCC02/212 Computer Classroom**
4:00 pm	4:50 pm	**The Aging Learner's Mind: A User's Guide** (Roger Anunsen) This inservice session for Lane CC faculty and staff will review insights from current brain science findings about the cognitive abilities and challenges of older teachers as well as older learners. **Benefits for faculty members:** Recent brain research offers a wealth of insights into how faculty and staff can keep their own brains healthy and their minds sharp. This will be covered as well as research into the unique cognitive capacities of older learners. **Fact:** Brains of older students and older faculty are different than they were when their brains were younger. Not necessarily *better* or *worse,* but clearly different. As brains age, they change: both architecturally and functionally with those changes dependent upon a variety of factors. An emerging wave of brain research is revealing that many of those factors are controllable. This session will explain some of those key factors. **###** Learning and life experience modify not only brain structures but also the critical networks of connectivity between brain regions. Older brains have been exposed to more of the wear-and-tear from the environment, injuries and illnesses and many older Lane students are returning to a school after a long hiatus from formal learning situations. Students and staff can all benefit for an appreciation of the evidence that confirms the dynamic plasticity of the human brain and an increased appreciation of the comparative strengths and weaknesses of younger and older brains.	**LCC19/241 Enhanced Classroom**
		**TECHNOLOGY FOR ALL STAFF**	
1:00 pm	1:50 pm	**FASTLANE - The Details** (Thad Cowdin and Bill Schuetz) (2 of 2) Come hear about the new program called, "**FASTLANE**": what it means, how to get it, and how it will benefit you.	**LCC02/215 Computer Classroom** *Special Note: Participants will receive a flash drive. Limited supply means first come, first serve!*
		**TECHNOLOGY FOR FACULTY STAFF**	
9:00 am	9:50 am	**Moodle 2: Navigation** (Kevin Steeves) (1 of 2) (repeats at 1:00 pm) Topics to be covered include: • site layout • logging into a course • course layout • basic Moodle vocab • course navigation • creating and editing a user profile • using keyblocks (Participants, Calendar, Messaging) • using Moodle HTML Editor	**LCC02/212 Computer Classroom**

9:00 am	9:50 am	**Screen casting for Math: Explain a Challenging Math Problem Once, Let Students Review it Again and Again!** (Adrienne Mitchell) Join us for a hands-on workshop using tablets to create Kahn Academy style screen casts! This workshop will provide an opportunity for math instructors to learn and practice screen casting in order to make a video to explain a single homework problem. Please come prepared with the challenging homework problem of your choice. You know the problem – one that students never fail to ask about. (The amount of preparation depends on your style – you may simply bring the handwritten problem or bring it in a digital format such as a file developed using Equation Editor or a complete Keynote, PowerPoint, or Google Docs presentation.) <center>**###**</center>In the workshop, we'll practice the basic steps to make a short video that you can share with your students so that they may review your explanation of the problem as many times as they wish! Students will be able to hear your voice and see your presentation or what you write as you explain the problem. No screen casting experience required; all equipment provided.	**ATC: LCC02/121 Computer Classroom**
9:00 am	9:50 am	**Using AMATROL E-Learning System to Reinforce Technical Skills Education** (hosted by Advanced Technology) Recently, LCC purchased a site license for Amatrol eLearning system to help reinforce what is currently being taught in our advanced tech classrooms. The Amatrol programs include texts, video, and skills simulations covering a wide variety of technical topics applicable to many of Lane's academic programs. <center>**###**</center>Tom Diehl, Amatrol Representative, and **Dan Call**, LCC Advanced Technology Faculty, will explain the technology and demonstrate effective methods of integrating the content into your curriculum. Participants will get an overview of topics available in our Amatrol library and receive the necessary passwords and navigation tools. <center>**###**</center>The specific topics in the current LCC Amatrol Library include: Automation, Electrical, Fluid Power, Green Energy, Machining, Manufacturing Processes, Materials, Measure-ment & Gauging, Mechanical, Prints & Drawings, Structural Engineering, Surveying, Thermal & Process Control, Work-place Effectiveness, Industry Fundamentals, Lean Manu-facturing, Quality, and Safety	**LCC10/117 Enhanced Classroom**
10:00 am	11:30 am	**Faculty Technology Orientation for New Hires** (Freda Ances) (1 of 2) (repeats at 1:00 pm) This 90- minute breakout session will save faculty members many hours. This is just some of the content to be covered: • Technology jargon used at LCC • Logging onto LCC systems • Using wireless at LCC • Using classroom systems, such as Moodle • Communicating with your students and other employees • Tracking students grades and reporting final grades • You are both an employee and an instructor, learn where to find the information you require • Where to get the help and support you need.	**ATC: LCC02/121 Computer Classroom**
10:00 am	10:50 am	**Moodle 2: What's New?** (Kevin Steeves) (1 of 2) (repeats at 2:00 pm) This workshop is designed introduce you to the new environment of Moodle 2. The basics will be covered on the overall design change from Moodle 1 to Moodle 2. Any new features in Moodle 2 will be briefly discussed. <center>**###**</center>Please note that this session is not for training purposes, but rather as an overview and introduction to what is available to faculty in Moodle 2. Instructors will have access to the Moodle Sandbox where they will be free to experiment and play.	**ATC: LCC02/212 Computer Classroom**

From	To	Description	Location
11:00 pm	11:50 pm	**Moodle 2:The Filepicker: Where are my files in Moodle?** (Kevin Steeves) (1 of 2) (repeats at 3:00 pm) Where did my files go? Use this workshop to fully understand the file picker – a new feature in Moodle 2. This workshop will focus on how you upload files to your courses and where those files are then located after you upload.	**ATC: LCC02/212 Computer Classroom**
12:00 pm	12:50 pm	**iPad Brown Bag Lunch** (Richard Lennox) A casual social gathering for lunch and candid conversation about the iPad for faculty to share apps and discuss instructional strategies or issues. In order to create a network of iPad users who are instructors on campus (to follow up on the iPad Brown Bag lunches of last year): discuss potential topics of interest: authoring eBooks, networking and classroom integration of apps and connected devices for fostering learning in the classroom. Bring your iPad and your excitement. Demo of some newer apps for instruction.	**LCC17 Second floor commons of Media Arts**
1:00 pm	1:50 pm	**Two Ways to Tell a Digital Story on Your iPad** (Sandy Jensen and Richard Lennox) Lennox and Jensen attempt to entertain as well as educate in this lively tech session. Lennox will show how to create a simple slideshow and then turn it into an even cooler movie. Jensen will demonstrate how to use the iMovie trailer feature to make ridiculously fast and easy videos to promote your event. The high-wire fun begins when they use ONLY media they have shot on the day of the Inservice, using ONLY their iPads to capture, edit, arrange, and produce!	**LCC02/211 Enhanced Classroom**
1:00 pm	1:50 pm	**Moodle 2: Navigation** (Kevin Steeves) (2 of 2)	**LCC02/212 Computer Classroom**
1:00 pm	2:30 pm	**Faculty Technology Orientation for New Hires** (Freda Ances) (2 of 2)	**ATC: LCC02/121 Computer Classroom**
2:00 pm	2:50 pm	**Moodle 2: What's New?** (Kevin Steeves) (2 of 2)	**ATC: LCC02/212 Computer Classroom**
3:00 pm	3:50 pm	**Moodle 2: The Filepicker: Where are my files in Moodle?** (Kevin Steeves) (2 of 2)	**ATC: LCC02/212 Computer Classroom**
		**HEALTH & WELLNESS PROGRAM**	**Lane's Health & Wellness Team**
From	**To**	**Description**	**Location**
9:00 am	9:50 am	**Our Thriving Local Foodscape: Much More than Downtown Farmer's Market** Access to local food, from growing it to buying it, provides opportunities for pleasure and unexpected personal connections, sometimes across political divides. Join this session for inspiration and knowledge about incorporating local foods into your teaching, work, and home. We'll look at some of the history of our local foods and what current gardeners, farmers, fishermen, processors and groups are doing to increase crop diversity, affordability, access and skills at using our local foods. You'll get chance to taste some of our LCC Learning Garden's harvest as well as Nancy's new Greek yogurt. **Beth Naylor**, M.S., R.D., LCC nutrition instructor since 1978 with a long-time interest in and passion for local foods, will present this seminar. Employee Wellness Coordinator **Wendy Simmons** will be assisting.	**LCC02/214 Enhanced Classroom**
11:00 am	11:50 am	**Focus on Flexibility by Stretching** Although studies about the benefits of stretching are mixed, stretching may help you improve your flexibility. Improving your flexibility in turn may improve your physical performance and decrease your risk of injury by helping your joints move through their full range of motion. For example, maybe your Achilles tendon is tight and lacks flexibility. If you do a lot of hill walking, your foot may not move through its full range of motion. Over time, this can increase your risk of tendinitis in your Achilles tendon.	**CML 214 Meeting Room (LCC19/214)**

		Stretching your Achilles tendon, however, may improve the range of motion in your ankle and thus decrease the risk of micro-trauma in your tendon that may lead to injury. Stretching increases blood flow to the muscle. And you may come to enjoy the ritual of stretching before, or after – working eight hours, or hitting the trail or dance floor. Join your Employee Wellness Coordinator **Wendy Simmons** for this session.	
11:00 am	**11:50 am**	**Learn About Chanting, the Benefits, and Chant for Yourself** You'll discover the wisdom and purpose behind chanting, try various sitting postures, breathing techniques and voices warm ups; and then do chanting. You don't have to sing well because it's not about singing, in the usual sense. You'll strengthen your lungs, improve your mood and increase your mental alertness with chanting, the art of using your voice to produce ancient sounds and mantras (short uplifting rhythmic phrases). Chanting is both emotionally and physically therapeutic; it can create a calm, peaceful and blissful state of well-being. The mantras will be translated and easy to follow; you may also simply listen and meditate in the class. Join **Shrivraj Khalsa**, with 10 years of personal chanting experience, and 5 years of leading chanting groups, for this seminar. Shivraj will bring her harmonium, a free-standing keyboard instrument similar to a reed organ, to help assist this chanting experience.	**LCC30/135** **Exercise Room**
12:00 pm	**12:50 pm**	**Get Fit Without a Gym** Join your Employee Wellness Coordinator Assistant, **Layne King**, for this great workout. Dress down, be ready to move and get energized for your afternoon. You will learn how to improve you strength, balance, endurance, flexibility and agility using your own body weight and household items. You will also learn new exercises, deepen your understanding of the importance of core strength and discover the wonderful benefits of high intensity training.	**LCC30/135** **Exercise Room**
1:00 pm	**1:50 pm**	**Be Your Best and/or Lose the Excess (Fall Class Intro)** Are you functioning at your best? Are aches and pains holding you back? Are you overweight and having a hard time getting started on an exercise program? If any of the above describes you, try this combination class to gently build cardio-respiratory endurance, learn techniques to move more effectively, and build strength and balance. Take this first step to incorporate exercise in your life by trying out this Inservice session. You will learn basic strength, balance and core exercises (including those for good posture) and sample cardio equipment. Join **Lori Haves**, Wellness Instructor of "Restorative Health" and "Lovely Bones & Balance" classes for these introductory activities. *Wear comfortable clothes and shoes.*	**LCC30/135** **Exercise Room**
1:00 pm	**1:50 pm**	**Stroll and Roll: Rejuvenating Campus Walk and Stress Relieving Roll on Foam Rollers** Join Wellness Specialist **Lori Zimmerman** for a rejuvenating walk around campus and a stress-relieving roll on foam rollers. Free laminated campus maps with walking routes for all participants. Learn about several different routes on campus from .15 miles and beyond and discover where you can access those maps for free.	**LCC18/105** **Health Clinic** **Wellness Room**
2:00 pm	**2:50 pm**	**Hydration for Health and Wellbeing** Keeping well hydrated is one of the key ingredients to overall good health, combined with a good diet and regular exercise. Water is the most abundant, yet possibly the most overlooked, substance in the body. The body's fluid status is a truly delicate balance, so much so that experts rank water second only to oxygen as essential for life. How we hydrate also has an effect on the health of the planet which, in turn, affects our own health. Attend this session to learn more about hydration how-to's, benefits of and how drinking water can contribute to a better, healthier you. Taught by **Layne King**, Assistant Employee Wellness Coordinator and Part-time Physical Education Instructor, and **Jennifer Hayward**, Lane's Sustainability Coordinator	**LCC19/246** **Enhanced Classroom**

Location legend: LCC19/203 = Building 19, Room 203 (Staff new to campus may use the map below to navigate their way to events and breakout sessions.

For answers to any questions, contact Roxanne Watson, event coordinator, at x3655 9:00 am – 6:00 pm.