**Integrative Practicum**

*OCNE Competencies Goals & Reflections*

# Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Site: \_\_\_\_\_\_\_\_\_\_

# Directions: Complete goals for 5 competencies by Day 4 of your clinical experience and goals for the remaining competencies by Day 7 of your clinical experience. You will identify a minimum of 2 goals per competency. These goals will be updated/added to as the term progresses.

# 1: A competent nurse’s personal and professional actions are based on a set of shared core nursing values. (ANA Code of Ethics, Integration Ethical Principles/Frameworks, Interpret/ Respond to dilemmas, Reflection)

# Goal:

**Goal:**

# 2: A competent Nurse Develops Insight through Reflection, Self Analysis and Self-Care. (Reflective process, Self-Analysis of personal and professional behaviors, Self Renewal)

# Goal:

**Goal:**

# 3: A competent nurse engages in self-directed learning. (Attitudes toward learning, Active learning, Use of Technology)

# Goal:

**Goal:**

**4:** A competent Nurse Demonstrates Leadership in Nursing/Healthcare. (Leadership development and evaluation, Supervision, Delegation, Change Management, Prioritization)

# Goal:

**Goal:**

# 5: A competent nurse collaborates as part of a health care team. (Teamwork, Use of feedback, Collegial development)

# Goal:

**Goal:**

**6:** A competent Nurse Practice Within, Utilizes & Contributes to Broader HealthCare System. (Networks, System Resource Management, Data, Regulations, Access to Care, Referrals, Discharge planning, Policy Decision-making Processes)

# Goal:

**Goal:**

# 7: A competent nurse practices relationship-centered care. (Readiness for Relationships, Relationship Development, Caring, Patient advocate, Adaptation for Uniqueness)

# Goal:

**Goal:**

# 8: A competent nurse communicates effectively. (Therapeutic Communication Skills, Accurate Communication in Health Care Team, Providing Health Teaching and Information, Impact of Culture and variations)

# Goal:

**Goal:**

**9:** A competent nurse makes sound clinical judgments. (Focused Observation, prioritization, skills proficiency, providing safe care, organization, adapting interventions to changing interventions – many of these are evidenced in clinical prep)

# Goal:

**Goal:**

**10:** A competent nurse uses the best available evidence. (Access information sources, Evaluation of Evidence, Use of evidence in clinical judgment)

# Goal:

**Goal:**

**Reflect on your clinical experience after each group of days as outlined:**

**Day 1-3:**

**Day 4-7:**

**Day 8-12:**

**Day 13-17:**

**As you reflect on your experience,** you will likely be addressing more than one competency. Reflections should be no more than one page, and include content that describes your experience; what you gained, how will this apply to your practice, what do you “feel good about”, what do you “need to work on”, etc.  **By the end of the term, all 10 competencies/ADN level benchmarks should be addressed.**

**Reflective Summary:**

**Day 18-23**

**Strengths**:

**Areas for growth**:

**Rotations: Absent: Final Grade:**

**Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_**

**Clinical Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_**