



ACHIEVING DREAMS

## Health, Physical Education & Athletics Division

### APPLICATION INSTRUCTIONS FOR 2016-2017 EXERCISE AND MOVEMENT SCIENCE PROGRAM

#### 1 Year Fitness Specialist I Certificate Group Exercise Instructor Certificate

Please Note:

Once you successfully complete the first year program,  
you will be eligible to apply for the following programs:

AAS Degree Exercise and Movement Science

2 Year Fitness Specialist II Certificate

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#### Admissions Information – Please read carefully.

The Exercise and Movement Science Program accepts applications through the academic school year. Each applicant must meet the minimum requirements listed below. All applicants will be notified of acceptance, waiting list or non-accepted status. After completion of the first year requirements, students can apply for the second year of the program.

The Exercise & Movement Science Program reviews applications for admission consideration during the 9<sup>th</sup> week of the term, in Fall, Winter and Spring. **Interviews will be conducted during week 10.**

#### 2016-17 Application Review Date Deadlines

**Complete application packets must be received by 5pm on the designated date for consideration; applicants will be notified of their status no later than 1 week after the deadline.**

**Fall 2016 entry – submit by the Friday of the 9<sup>th</sup> week of Spring term**

**Last Chance Fall 2016 entry – submit by Monday September 9th**

**Winter 2017 entry – submit by the Friday of the 9<sup>th</sup> week of Fall term**

**Spring 2017 entry - Friday of the 9<sup>th</sup> week of Winter term**

**Fall entry 2017 - Friday of the 9<sup>th</sup> week of Spring term or last chance of September 8, 2017**

Applications must be RECEIVED by the deadlines listed above to be considered for admission.

Admission criteria are subject to change from year to year. It is the applicant's responsibility to stay aware of the changes. To become an Exercise and Movement Science student you must meet the admission requirements and be accepted to the program. Interested students should demonstrate an appreciation for the sciences (biology, chemistry, physics), a personal commitment to wellness, and be of a high level of personal and academic integrity.

**Please Note:** Students who were previously accepted into the program and were not able to attend or who have terminated their enrollment status in the program in any way, must re-apply for acceptance back into the program. Readmission will be based upon space availability, the qualifications of the candidate, and the discretion of the program coordinator. Please contact the program coordinator for more details.

#### Minimum Requirements for Application Consideration

To qualify for program admission consideration, applicants must:

Apply for Lane Community College admission (<https://www.lanecollege.edu/esfs/admissions>) and be accepted.

1. Meet program minimum GPA or GED scores and minimum placement test scores.
2. Turn in a completed program application (this form)

***Incomplete applications will not be considered.***

## Application Instructions

(application form is below)

**Minimum Requirements:** All of the minimum requirements must be met prior to submitting an application to the program. Please see an academic advisor if you are unsure if you qualify.

**Step 1: College Admission** – Students who are attending Lane for the first time must apply for admission to Lane Community College through our Steps to Enroll **prior to completing a program application** (for more information call 541-463-3100, or visit (<https://www.lanecc.edu/esfs/admissions>)).

### Step 2: Grade Point Average (GPA) or GED Score

**Criteria 1:** If you are currently enrolled in high school, or have never attended college, or have taken less than 12 graded college credits at any institution:

- Minimum **high school GPA of 2.5** – If you are currently enrolled in high school and plan to graduate this spring, please include your cumulative GPA through the last recorded grading period. Acceptance to the program is contingent upon your successful graduation and maintaining the minimum GPA. You do not need to submit transcripts.
- **Or, have a GED** average standard score of **50** if taken prior to January 1, 2002, or **500** if taken after January 1, 2002.

**Criteria 2:** If you have attended Lane Community College or any other University or College and have completed 12 or more graded credits:

- Minimum **college GPA of 2.5** – If you have attempted fewer than 12 graded college credits, your high school GPA or GED score will be used to determine eligibility. If you have attempted 12 or more graded college credits, your college GPA will be used to determine your eligibility and you do not need to submit high school transcripts.

**Criteria 3:** If you do NOT meet the above criteria, but would like to be considered for admission, please include a statement of explanation outlining why your GPA is not reflective of your future work, and what changes you will make to guarantee your success in our program.

**Step 3: [Placement Test Scores](#) or Equivalent Course Work Completion** – If you are a new student to Lane, you must complete the admission placement tests prior to enrolling in courses. If you have attended Lane, but have not taken all of the tests listed below, or if your scores do not meet the minimums, you will need to schedule a test. To schedule a test, to access subject area review sheets, or for other questions, please visit the Testing Office website at: <http://www.lanecc.edu/testing/placement-testing-information>.

If you have completed the tests listed below within the last year with the minimum scores, you do not need to retake these tests. The testing office can supply you with a copy of your previous scores. **Students may also demonstrate competency in each area through equivalent course work with a passing grade (C- or higher) in one of the listed courses.** In this situation, transcripts for relevant courses must be submitted.

- Accuplacer Reading Test **minimum score of 76, or passed RD90-College Reading Skills, EL115-Effective Learning, EL115H-Effective Learning for Health Science Majors, or ENG116-College Vocabulary.**
- Accuplacer Sentence Skills Test **minimum score of 76, or passed WR115-College Writing Fundamentals (or higher writing course).**
- Accuplacer Math Arithmetic **minimum score of 75 or passed MTH20-Math Renewal (or higher math course);** or, Elementary Algebra score of 25 or higher; or, College Math score of 25 or higher.

**Step 4: Complete the current Exercise & Movement Science program application** (see below) and ensure it is received by the deadline (described above).

**Please Note:** If you are accepted, you must attend a pre-entry orientation. Date and time(s) TBA.

Applications must be RECEIVED by the deadlines listed above to be considered for admission.

Please submit your completed application and delivering your packet to the Health, Physical Education & Athletics Division office located in the Physical Education Building 5, Room 205 on the Lane Community College main campus, by submitting a PDF or MS Word version of your application via email ([minerja@lanecc.edu](mailto:minerja@lanecc.edu)), or by mailing your application to:

**Exercise and Movement Science Program  
Health, Physical Education & Athletics Division  
Attn: Jenni Miner  
Lane Community College  
4000 East 30<sup>th</sup> Avenue  
Eugene, OR 97405 – 0640**

If you have questions regarding the application process or the program, please visit our website (<http://www.lanecc.edu/healthpe/exercise-and-movement-science-program>) or contact Jenni Miner, Exercise and Movement Science Program Coordinator at (541) 463-5246 or [minerja@lanecc.edu](mailto:minerja@lanecc.edu).



Health, Physical Education & Athletics Division

## EXERCISE AND MOVEMENT SCIENCE PROGRAM APPLICATION 2016-17

Office Use Only	
Date Received	_____
Date Evaluated	_____

Please detach this page from the packet and submit.  
Please type or print clearly.

I am applying for application for entry: (Check one)

- ☐ Fall 2016  
☐ Winter 2017  
☐ Spring 2017  
☐ Fall 2017

Name \_\_\_\_\_  
last first middle

Mailing Address \_\_\_\_\_  
street address or P.O. Box city state zip

Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Alt. Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_

E-mail Address \_\_\_\_\_ (NOTE: This is our primary mode of communication with you as an applicant. Please make sure you are checking and responding to email regularly.)

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ L # \_\_\_\_\_  
(Optional; for program statistics only, not admission)

### Education Background

Please list all educational institutions attended, beginning with high school through the present.

School Attended	City, State	Dates of Attendance	Did you graduate? If so, list degree or diploma awarded	Cumulative GPA (or GED score for High School if applicable)

### Placement Testing Scores

Do you meet the requirements (listed above) for the following placement tests? If you answer no to any of the areas, please include transcripts with your application showing proficiencies in these areas.

Accuplacer Reading Test ☐ Yes ☐ No  
Accuplacer Sentence Skills Test ☐ Yes ☐ No  
Accuplacer Math/Arithmetic Test ☐ Yes ☐ No

### How did you find out about Lane's Exercise and Movement Science Program?

☐ LCC College Catalog ☐ Counselor ☐ Teacher / Instructor \_\_\_\_\_  
☐ LCC Website ☐ Friend ☐ LCC Health & PE Staff Member \_\_\_\_\_  
☐ College/Career Fair ☐ Program Brochure ☐ Other \_\_\_\_\_