

**From the Office of Recreational Sports**

**The Guide To Discounted Recreation Opportunities For Lane Students And Their Families**

# **RECREATION GUIDE**

**Fall 2015**

**September 28 - December 5**

Family Fun Days  
Discount Tickets  
Community Sports  
Drop-Ins  
More

**No Events or Hours During Finals Week**

# Guidelines and Policies

**ABOUT US** - Lane Recreational Sports is a student-funded program providing fun, safe, and educational oriented activities for the student either free of charge (once a month family fun days) or at discounted rates. All others: Faculty, staff, and the community of Lane College may not participate, as the program's entirety is supported by "Lane Student Fees".

**PROOF OF ELIGIBILITY** - Student participation in any of the listed recreational events/activities requires proof of current term student status.

Note: students must be enrolled in at least one credited class on the main campus and pay the applicable "student fees". Eligibility can be validated with a student body card, term schedule, or L #.

**ASSUMPTION OF RISK** - The participant understands that participation in recreational activities involves certain inherent risks of personal injury. The use of facilities, equipment or participation in a recreational program shall constitute acceptance of that risk regardless of the nature of the injury. The participant must agree that Lane Community College, its officers, employees, and agents shall not be liable for any injury, loss, or damage sustained or suffered by persons participating in recreational activities at the college. The participant must understand that the Lane Recreational Sports department does not carry insurance covering individuals using the facilities or participating in recreational programs. Individuals not having health coverage are strongly advised to acquire health insurance before subjecting themselves to possible injury. It is strongly suggested participants check with their physician before taking part in any rigorous physical activity.

**CANCELLATIONS** - All recreational activities are subject to cancellation due to several factors: low enrollment, facility conflicts, staffing problems, etc. For the latest in scheduling updates please call the Recreational Sports Office at 463-5293.

**RESTRICTIONS** - Some age restrictions exist in several Lane facilities. These age limits are set solely for safety and liability reasons. Many of the restrictions are noted whenever possible but for more information please call 463-5293.

**VALUABLES** - Lane is not responsible for personal items that are lost or stolen. Patrons are urged to use a locker to secure their valuables or leave them at home.

**LOST AND FOUND** - Public Safety is the official repository for lost and found property on the 30th Ave Campus. Individuals finding lost property shall contact Public Safety and make arrangements for the property to be picked up or delivered to Public Safety. Lost property shall not be held in departments with the exception for contents of PE lockers: Personal clothing, and items with no obvious monetary or sentimental value, which are left in PE lockers at the end of the term will be kept at the locker cage for the term break and the first week of the next term. Persons may claim their property there. At the end of the first week of classes clothing will be donated to the No Cash Clothing Stash on campus. Non-clothing items with presumed sentimental or monetary worth will be taken to Public Safety when the lockers are emptied.

## **IMPORTANT TELEPHONE NUMBERS**

Recreation Programs	463-5293
Equipment/Locker Room	463-5272
Health/Physical Education	463-5545
Public Safety	463-5558



# Locker Room Exchange

Locker rental, apparel and towel services are available to make your participation more convenient and enjoyable.

## APPAREL/TERM LONG LOCKER SERVICE

Students enrolled in a main campus, credited Physical Education class pay a mandatory Locker Room fee. This fee gives the student access to a locker and a full set of clothes on a term-by-term basis. Apparel service includes a t-shirt, shorts, socks, and a towel. Once clothes are issued they may be exchanged throughout the term for freshly laundered clothes. Non-students and those who are not enrolled in a Physical Education credited class can also pay the fee (\$15) to get full access.

## THERAPY EQUIPMENT PURCHASE

Lane students may now also purchase such therapy/workout items as therapy balls, resistant bands, and foam rollers. All purchases must be made at the exchange window.



## SAFETY AND SECURITY

Lock your locker at all times when you are not present.

The Health & PE Department reserves the right to check any locker to recover Lane Community College property.

The Health & PE Department is not responsible for any lost or stolen property in the locker room.

Report alleged thefts to Public Safety ([541](tel:541-463-5558)) [463-5558](tel:541-463-5558).

## HOURS & LOCATION

Located on the first floor of the Health/PE/ Athletics Building (Bldg. #5), the Locker Room and Exchange Window (Room 102) tentative fall hours are listed below and **are subject to change..**

## TENTATIVE FALL HOURS:

Monday-Friday      8:00 am – 4:00 pm

# Discount Tickets

## RIVER ROAD PARKS AND REC - \$2 each (Pool/Fitness Center/Spa/Sauna)

For only \$2 Lane Students can use the fitness center, pool, spa, sauna, and more at River Road Parks and Rec. A limited amount of these "single entry passes" are available.

Date: Various

Cost: \$2.00 per pass **(Limit 3 per week)**

Savings: \$1.50 per pass (43 percent)

## SWIMMING (Lively "SPLASH") - \$2 each

Lively Park meets the needs of all ages by having an adult hot tub, baby pool, large half-pipe water slide, giant wave pool, full-length lap swim, and many more options. Now you can attend any time you want this fall with your student discount ticket. **NOTE FACILITY CLOSED UNTIL OCTOBER 19<sup>th</sup>.**

Date: Various

Cost: \$2.00 per ticket **(Limit 3 per week)**

Savings: \$4.50 per ticket (69 percent)



## MINIATURE GOLF (Camp Putt) - \$2 each

Why not take your friends and/or family to Camp Putt, and enjoy a day outdoors playing a round of miniature golf. These discount tickets are good any day/time the facilities are open **DURING THE MONTH OF OCTOBER.**

Date: Various

Cost: \$2.00 per ticket **(Limit 3 per week)**

Savings: \$4.00 per ticket (67 percent)

Expires: October 31, 2015



## ROLLER SKATING (Skate World) - \$2 each

Lace-em up and get on the floor for a great experience. These discounted tickets are good for any, "public skate" session this fall.

Date: Various

Cost: \$2.00 per ticket **(Limit 3 per week)**

Savings: \$3.50 per ticket (64 percent)

## U of O Women's Soccer - \$2 each

Before you head to any Lady Duck Pac 12 home soccer match this fall, come see us first! A limited amount of general admission tickets are available to select games for only \$2 apiece (a savings of \$3 from the gate price).

Dates: Sat., Oct. 17 vs. USC

Fri., Oct 30 vs. Washington St.

Sat., Nov 1 vs. Washington

Cost: \$2.00 per ticket **(Limit 2)**

Savings: \$3.00 per ticket (60 percent)



**NOTE** - Only current term, credit students, who have paid the "Student Activity Fee", are eligible for "Discount" pricing. Eligibility will be checked. To be fair to all students, Ticket quantities per event are limited.

## The Recreation Ticket Window

(Upstairs Bldg. 05)

**FALL TERM HOURS**

**Monday-Friday | 9:00 AM – 1:00 PM**

# Discount Tickets

## EUGENE POOLS - \$2 each

Swim Passes good at any of the Eugene Aquatic Facilities; please check pool hours in advance.

### Amazon Pool

Featuring multi-purpose and children's pools, a diving tower and boards, water slides, sand play area, and hot tub. Open May-Oct.

### Echo Hollow Pool

Features include an indoor and outdoor pool, large hot tub, fitness and weight room. Open year-round.

### Sheldon Pool

Offers two indoor pools and a diving well. Open year-round. ADA-accessible lift and changing rooms

Date: Various

Cost: \$2.00 per ticket **(Limit 3 per week)**

Savings: \$2.75 per ticket (58 percent)



## ICE SKATING (Lane Ice Center) – \$3 each

796 West 13<sup>th</sup>

Lace-em up and get on the ice for a great experience. These discounted tickets are good for any, "public skate" session this fall. Price includes skate rental. **NOTE TICKETS AVAILABLE STARTING OCTOBER 5<sup>th</sup>.**

Date: Various

Cost: \$3.00-per ticket **(Limit 3 per week)**

Savings: \$3.00-\$6.00 per ticket (50-67 percent)



## U of O VOLLEYBALL - \$3 each

Before you head to any Lady Duck Pac 12 home volleyball match this fall, come see us first! A limited amount of general admission tickets are available to select games for only \$3 apiece (a savings of \$3 from the gate price).

Dates: Sun., Nov 8 vs. California

Fri., Nov 20 vs. Washington

Fri., Nov 27 vs. Oregon State

Cost: \$3.00 per ticket **(Limit 2)**

Savings: \$3.00 per ticket (50 percent)



## OREGON ZOO - \$6 each

Portland

Are you planning a trip to the Oregon Zoo in the near future? If you are, please come see us first. We have General Admission Tickets available at a great savings! Both Adult and Children (3-11) are now the same price, \$6 each!

Date: Various

Cost: \$6.00 per ticket **(Limit 3 per week)**

Savings: \$2.50-5.75 per ticket (30-48 percent)

## The Recreation Ticket Window

(Upstairs Bldg. 05)

**FALL TERM HOURS**

**Monday-Friday | 9:00 AM – 1:00 PM**

# Family Fun Days

**Sponsored by Lane Athletics** – Our Family Fun Day Series is geared towards promoting active lifestyles for families! These **free and/or low cost** events are scheduled once per month for current Lane students and their immediate family. Ticket purchases are made available three weeks prior to the event.

## OCTOBER EVENT

### MINIATURE GOLF (Camp Putt)

Join us at Camp Putt and enjoy the day outdoors playing a round of miniature golf. Tickets are good for either Sat., or Sun. **This event is weather permitting; please call prior to arrival if weather is questionable.**

Location: 4006 Franklin Blvd.

Date: Sat. or Sun., October 10-11

Time: 11 am – 7:00 pm

\*Cost: **Student Ticket + 1 guest - Free**

**Additional Tickets (Limit 4) - \$1 each**

**Tickets are non-refundable**



## NOVEMBER EVENT

### ICE SKATING AT LANE ICE CENTER

Bring the whole family and enjoy the afternoon on the ice. Passes are good for either Sat., or Sun. Public skate session. Includes skate rentals.

Location: Lane Ice Center at the Fairgrounds

Date: Sat. or Sun., November 14-15

Time: 12:15-1:45 pm

\*Cost: **Student Ticket + 1 guest - Free**

**Additional Tickets (Limit 4) - \$1 each**

**Tickets are non-refundable**

**NOTE** - Only current term, credit students, who have paid the “Student Activity Fee”, are eligible for “Family Fun Day” pricing. Eligibility will be checked. To be fair to all students, Ticket quantities per event are limited.

## DECEMBER EVENT

### SWIMMING AT SPLASH

Lively Park meets the needs of all ages by having an adult hot tub, baby pool, large half-pipe water slide, giant wave pool, full-length lap swim, and many more options. These tickets are good during Sat. or Sun. open swim sessions.

Location: 6100 Thurston Road

Date: Sat. or Sun., December 5-6

Time: 1:00 – 9:00 pm Saturday

1:00 – 5:00 pm Sunday

\*Cost: **Student Ticket + 1 guest - Free**

**Additional Tickets (Limit 4) - \$1 each**

**Tickets are non-refundable**



**The Recreation Ticket Window**  
(Upstairs Bldg. 05)

**FALL TERM HOURS**

**Monday-Friday | 9:00 AM – 1:00 PM**

# Community Sports

Students can now form their own teams to compete in leagues around town at great discounts.

## COMMUNITY SPORTS

Working in conjunction with the various adult community recreation leagues around Lane County, students have the opportunity to compete in a wide variety of sports at great discounts. These are not drop-in activities. Rather, a team of Lane Community College students representing the school in a competitive or recreational league. To be eligible, all roster participants must be enrolled in at least one Lane Main Campus credited class during all terms of competition and have paid the applicable "Student Activity Fee". Eligibility will be checked throughout the term. Those interested need to contact the Sports Director (Brent Ellison) at 463-5293 or stop by Building #5 Room 204 to pick up the registration packets.

**Note – Students are responsible for forming their own teams. Individual names (free agents) will no longer be accepted. All team paperwork and payments must be received by the deadline. No exceptions!!**

## GENERAL RULES

League space is limited and is only secure upon full receipt of payment. The cost to enter a team varies depending on the league, season, etc. Competition levels for each team are TBA, as it is based on community league availability and roster experience. All the following registration dates are general approximations and subject to change.

## UPCOMING REGISTRATION/LEAGUE SCHEDULES

SPORT	GENDER	*ROSTER	DEADLINE	BEGINS	COST
Basketball	M	6-8	Nov. 17	Jan. 13	\$285 (\$570 normally/Save 50%)
Volleyball	W-C	6-10	Dec. 1	Jan. 5	\$165 (\$330 normally/Save 50%)
Ultimate	C	10-16	Dec. 1	Jan. 13	\$100 (\$225 normally/Save 55%)

\*-To get the discounted rate, all roster participants must be enrolled in at least one Lane Main Campus credited class during all terms of competition and have paid the applicable "Student Activity Fee".

## FINAL STEPS

Once all paperwork and payments are received and processed, full team schedules (dates/time/location) will be emailed to all team members approx. one week prior to the first game. Schedules will also be available on the rec website: <http://www2.lanecc.edu/healthpe/recreation>



# Drop-In's On Campus

## PLEASE READ DISCLAIMER BELOW

**Charges incurred from using the below CRNS are non-refundable.**

The items listed below are charged to your myLane account. These charges adhere to the same payment deadlines as all other charges on your myLane account. By using these CRNS you are agreeing to purchase access to the mentioned facilities.

### What are Drop-In's?

They are Non-Credit opportunities for students to use some of the facilities throughout the term without having to register for a class. Users must still follow all policies and procedures of the area/department.

### FITNESS CENTER - (Bldg. #5, 101)

After registration, participants may need to complete a first-time on-site health screening, basic rules and code of conduct overview, and a brief equipment instructional tutorial. Following this, participants are given a termly access card allowing them to use the Fitness Facility during any Open Hours Fall Term.

**Note -The cost of this drop in activity does not include a locker in the locker room.**

Dates: Sept. 28 – Dec. 5 (10 Weeks)

Cost: \$75

CRN#: 23396

Closed: November 11, 26, 27

### WEIGHTS (Bldg. #5, 130)

Limited hours are available for drop-in weights. However, **for only \$5 a term** it's still an amazing value. Once registered (CRN 23397) participants may access the weight room during the below hours fall term.

**Note -The cost of this drop in activity does not include a locker in the locker room. Participants may now use the single use lockers adjacent to the weight room (please ask supervisor to unlock).**

Dates: Sept. 28 – Dec. 4 (10 Weeks)

Cost: \$5

CRN#: 23397

Closed: November 26, 27

### WEIGHT ROOM DROP IN HOURS

Monday – No Hours Available  
Tuesday – 1:30-2:30 pm and 4:00-5:30 pm  
Wednesday – No Hours Available  
Thursday – 1:30-2:30 pm  
Friday – 7:30-8:50 am

### FITNESS CENTER DROP IN HOURS

Monday – Friday 6:30 am – 8:30 pm  
Saturday 9:00 am – 2 pm

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