## **Volunteer Opportunities**

- ➤ The Arc of Lane County Provides services and programs that will improve the lives of people with developmental disabilities. Contact: Misty Lyster (541) 343-5656 x113
- ➤ Catholic Community Services Offers immediate help by providing food and other assistance to anyone in need. Helping Lane County families take steps to move out of poverty. Contact: Springfield office (541) 345-3628
- Community Sharing Program Helps South Lane County (Cottage Grove area) residents satisfy their basic needs for food, shelter, utilities and clothing. Contact: Claire Dowell (541) 942-2176
- ➤ Elder Help Helps seniors do things that help them remain living in their own home. Tasks range from simple household chores to running errands. Contact: Carole Ford (541) 255-2494
- ➤ Eugene Public Library Supports the community, lifelong learning and the love of reading by providing access for all city residents to the universe of ideas and information. Contact: Laura Phillips (541) 682-6617
- ➤ Food for Lane County Goal is to alleviate hunger by creating access to food: collecting, storing and distributing food to agencies assisting low income people in Lane County. Contact: Sheyla Norte (541) 343-2822
- Friends of Buford Park & Mt. Pisgah Protects and enhances native ecosystems and compatible recreation in the Mt. Pisgah area. Contact: Jessica Allison (541) 344-8350
- Greenhill Humane Society, SPCA Provide safe shelter for animals in transition. Works to educate the public about compassion and responsibility towards all animals. Contact: Kristi Chizacky (541) 689-1503
- ➤ MECCA (Materials Exchange Center for Community Arts) Dedicated to providing low-cost, hands-on art opportunities to the community. Diverts reusable scrap materials and offers low-cost art programs. Contact: Patricia (541) 302-1810
- ➤ Peace Health Volunteer Services Volunteers complement and extend the services of employed staff at Sacred Heart Medical Center, Cottage Grove Community Hospital, Hospice and Family Guest House. Contact: Jill Day (541) 686-6825
- ➤ St. Vincent de Paul Society of Lane County Assisting the poor and those in need. Examples of work include building projects, tutoring homeless children and working on events. Contact: Kathy Wilson (541) 743-7147
- United Way of Lane County Working to advance the common good by focusing on education, income and health. Also committed to providing basic human services to the most vulnerable. Contact: July Kennedy (541) 741-6000 x100