



Section 1. Proposed Course Outline (A general statement of course content that informs class syllabus construction. Once approved, all sections of a given course must include this content, no matter which instructor teaches the course, or the mode of delivery. Divisions must include this new course outline in the Divisional Course Outline binder as required by COPPs.)

Course Number: HS 158 Full Course Title for print catalog: Trauma: Theory to Practice

Prerequisites:

Co-requisites:

Abbreviated Course Title for Banner: (30 character limit) Trauma: Theory to Practice

Grade Option: ☒ Graded (with P/NP option) ☐ Pass/No Pass only

Number/Type Credits	Term Minimum Contact	Term Maximum Contact	11-Week Term Contact
<u>2</u> Lecture	<u>2</u> hours (lecture credits x 10)	<u>2</u> hours (lecture credits x 12)	2 hours (lecture credits x 11)
Lec/Lab	hours (lec-lab credits x 20)	hours (lec-lab credits x 24)	hours (lec-lab credits x 22)
Lab	hours (lab credits x 30)	hours (lab credits x 36)	hours (lab credits x 33)
<u>20</u> Total credits (sum)	<u>20</u> Total hours (sum)	<u>24</u> Total hours (sum)	<u>22</u> Total hours (sum)

Course Description (300 character limit)

Introduces sources and prevalence of trauma, including physical, cognitive, emotional, social and behavioral responses to traumatic experiences; how trauma impacts individuals who seek assistance from human service organizations. Best practices for both trauma specific and trauma-informed services.

Course Outcomes and Proficiencies

What will the student *know* or *be able to do* at the end of the course?

What *attitudes* related to the subject will the student hold?

Upon successful completion of this course, the student will:

Demonstrate knowledge of the prevalence, epidemiology, and types of trauma that impact individuals in general, as well as people served in human service organizations

Identify the consequences of trauma for the individual and society

Describe the signs and symptoms indicative of a trauma history

Define the important elements in trauma-informed and trauma-specific services, and trauma-informed organizational systems

List the characteristics and practices within organizations that are re-traumatizing

List screening and assessment tools for identifying trauma

Describe effective interventions for treating trauma

Demonstrate tools that strengthen self-help strategies

Present a safety plan that reflects trauma informed principles aimed at supporting the individual, avoiding re-traumatization and preventing a crisis

Appreciate the long-reaching effects of trauma on individuals' mental, emotional and physical health

Assessments Planned

What evidence will demonstrate that students have achieved course outcomes? (assessment tools may include departmental tests, written products, portfolios, juried performances, quizzes and exams, or alternative assessments such as qualitative studies, capstone projects, external reviewers, etc.)

How each outcome will be assessed:

Written exams, research reports

Written exams, research reports

Written exams, research reports

Written exams, case study presentation

Written exams

Case study, role play

Written exam, research report

Case study, role play

Presentation of a safety plan

Role play

Written exam, research report

Describe strategies for helpers to avoid vicarious trauma	Written exam
List protective factors that limit the impact of trauma	Written exam, safety plan presentation Role play
List the characteristics of person-centered, positive relations that provide trauma sensitive and informed care	Written exam
Demonstrate screening and assessment tools and techniques	Role play, safety plan presentation

Course Content by Major Topics

What topics will be presented? What are the main activities of the course? What are the central themes?
(See sample at <http://www.lanecc.edu/cops/format3.htm>.)

Topics:

Introduction and definition of:

- Trauma
- Trauma informed services
- Trauma Centered services

Epidemiology and Prevalence of trauma

- General population
- Post deployment
- Individuals served by:
 - mental health and addiction services
 - child welfare
 - corrections
 - juvenile justice
 - social services

Types of trauma

Consequences of trauma on

- Individuals
- Families
- Society

Signs and Symptoms indicative of a trauma history

- Undiagnosed trauma
- Diagnosed trauma
- Emotional triggers and how triggers lead to emotional distress and behavioral symptoms

Screening and Assessment

- Factors that lead to under-identifying trauma and the misdiagnosis of mental health conditions and other problem behaviors
- Universal trauma screening
- Specific trauma assessment

Interventions

Protective factors and avoiding secondary trauma

Section 2. Proposal Information

Course Developer:

Type of Proposal

Type of Course:

☒ New course

☐ Lower Division Collegiate (transfer)

Date: December 8, 2012

☐ Currently 199 or 299

☒ Professional/Technical Elective)

Catalog year to take effect:

☐ Experimental Course

☐ Developmental, numbered below 100

2012 - 2013

☐ 199 Special Studies

☐ 299 Trends

☐ Revised course (If increasing credits, use credit change form)

☐ Reactivated course with no change

☐ Reactivated course with changes

Rationale: Rationale:

How does this proposal further the goals of the program or department?

There is a state mandate that services be provided within a trauma informed organizational system and approach.

What assessment evidence supports this proposal

Trauma informed services are a best evidence based practice that developed in response to the recognition that many services were provided in a way that inadvertently re-traumatized the people using that service.

How do you know there is a demand for this course?

This is an elective course that will attract students interested in working directly with individuals in residential and outpatient programs. This course replaces another elective.

Section 3. Curriculum Equity (<http://www.lanecc.edu/cops/curric.htm>)

To promote an environment where all learners are encouraged to develop their full potential, this course will support Lane's Curriculum Equity policy in the following way(s):

This course will address the critical need to consider how discrimination and oppression experienced by diverse populations contributes to trauma, and how organizations, and individual practitioners, can develop strategies to respond proactively, and supportively, to individuals of many backgrounds.

Section 4. For revised courses only: PREVIOUS Catalog/Course Information:

Course Number: Course Title in Banner: (30 characters maximum)

Full Course Title in print catalog:

Prerequisites:

Co-requisites:

Grade Option: ☐ Graded (with P/NP option) ☐ Pass/No Pass only

Number/Type Credits	Term Minimum Contact	Term Maximum Contact	11-Week Term Contact
Lecture	hours (lecture credits x 10)	hours (lecture credits x 12)	hours (lecture credits x 11)
Lec/Lab	hours (lec-lab credits x 20)	hours (lec-lab credits x 24)	hours (lec-lab credits x 22)
Lab	hours (lab credits x 30)	hours (lab credits x 36)	hours (lab credits x 33)
Total credits (sum)	Total hours (sum)	Total hours (sum)	Total hours (sum)

Course Description:

What will change? ☐ Course Number ☐ Title ☐ Course Description ☐ Credit hours ☐ Contact hours

Section 5. Support Courses (New Professional/Technical course proposals must complete.)

Professional/Technical courses are tracked within programs for purposes of Carl Perkins funding and budgetary planning. Indicate all degree or certificate programs for which this course will be required.

Program	Division
Human Service Elective	

Section 6. Overlap Courses (New course proposals must complete.)

While overlap of course materials is not necessarily a flaw, duplication of course materials may lead to inefficient use of college resources. If there is overlap, the faculty of overlapping courses must agree on the extent of overlap and attach a rationale explaining its necessity.

Indicate all departments/courses that this course may overlap. Division Dean of existing course enters one of two options at right. Note: N/A is not an option.

Options:

1. Approved: overlap is acceptable. Rationale attached.
2. Disapproved: reasons attached.

Division	Course Number / Title	% Overlap	Option	Division Dean of existing course (Signature required for all options)	Date
Social Science	HS 150 Personal Effectiveness for Human Service Workers	10%			

Section 7. Qualification to fulfill degree requirements (complete all relevant forms, available at <http://www.lanecc.edu/currsched/drrcforms.htm>, and send to Mary Brau for the Degree Requirements Review Committee):

☐ Form(s) applying for the following degree requirement status have been attached. (Only check this box when forms have been completed and attached.)

AAOT, ASOT-Bus, OTM:

- ☐ Arts & Letters
- ☐ Social Sciences
- ☐ Science /Computer Science
- ☐ Mathematics

AAOT:

- ☐ Cultural Literacy Option

AAS, 1-year and 2-year certificates:

- ☐ Human Relations

Section 8. Library Impact Statement

Under accreditation standards, Library consultation is essential for new programs, new courses and for substantively revised courses when the revisions entail any change in library use.

What assignments will require the use of library and information resources?

Students will be required to conduct research on the impact of trauma on various populations as well as strategies to address trauma with these same populations. Library instruction is recommended to support student research.

Each academic area has a Liaison Librarian (<http://www.lanecc.edu/library/services/liaison.htm>). Contact the designated librarian to discuss the library needs of your course. Please allow the librarian at least one week to assess library resources.

To be completed by Liaison Librarian:

- ☐ Library resources are adequate to support this proposal.
- ☒ Additional resources are needed but can be obtained from current funds.
- ☐ Significant additional Library funds/resources are required to support this proposal.

Liaison Librarian

Date

Section 9. Divisional Approval (To be completed by Division Chair and Administrative Assistant)

Human, Physical, and Financial Resources:

☒ Additional instructional costs (staff, materials, services or facilities) will be incurred to offer this course. Source of funding: P/T instructor \$2,372.

☐ No additional instructional resources (staff, materials, services or facilities) are needed to offer this course.

Explain:

Required Certifications:

☒ We have developed minimum course certification standards according to the COPPs procedure "Instructor Qualifications: Credit," to be filed with ASA upon course approval.

☒ We have completed faculty certification form(s) for faculty qualified to teach this course, to be filed with ASA and Human Resources upon course approval.

Fees:

- ☐ We have completed fee rationale and fee request forms to be submitted to ASA upon course approval, in compliance with the COPPs procedure, "Fees: Special"
- ☒ No special fees will be required for this course.

Divisional Recommendation:

☒ The Division Chair and Administrative Assistant have reviewed this course proposal and kept a copy for divisional files.

☒ Faculty review of this course was completed within the division on 12/15/12(date).

☒ Pass

☐ Do Not Pass

Administrative Assistant/Coordinator

Date

Division Dean

Date

Section 10. College Approval

_____ Curriculum Committee Chair	_____ Date	_____ Executive Dean	_____ Date
Curriculum Approval Committee hearing: _____ Date		_____ Chief Academic Officer	_____ Date