

Health/Wellness/Fitness Requirement

Course Number and Title: HI 101 –Introduction to Health Care and Public Health in the US

Submitted by: Larry Scott

As a result of taking an approved Health/Wellness/Fitness courses, a student should be able to:	Course Outcome(s) related to the Health/Wellness/Fitness Outcomes
1. Develop and utilize critical thinking skills in relation to the physical, psychological, emotional, intellectual, environmental, occupational and spiritual dimensions of health.	<ul style="list-style-type: none"> ● Describe the medical model of healthcare in the US. ● Outline key paradigm shifts in healthcare ● Discuss the key issues driving health care reform in the U.S. ● Understand legal issues in medicine including HIPPA, confidentiality, medical malpractice, and tort reform. ● Introduction to the patient-centered medical home ● Delineate key definitions in the healthcare domain
2. Increase knowledge and awareness about human anatomy and the underlying physiological processes that create chronic or acute disease conditions.	<ul style="list-style-type: none"> ● Discuss Public Health issues –vaccination, motor-vehicle safety, safer workplaces, control of infectious diseases, decline in deaths from coronary heart disease and stroke, safer and healthier foods, healthier mothers and babies, family planning, fluoridation of drinking water, recognition of tobacco use as a health hazard.
3. Understand the underlying social constructs of culture/family that lead to one's personal behaviors and how they contribute positively or negatively to individual and community health.	<ul style="list-style-type: none"> ● Outline key paradigm shifts in healthcare ● Discuss core values in American healthcare ● Discuss Public Health issues –vaccination, motor-vehicle safety, safer workplaces, control of infectious diseases, decline in deaths from coronary heart disease and stroke, safer and healthier foods, healthier mothers and babies, family planning, fluoridation of drinking water, recognition of tobacco use as a health hazard. ● Introduction to the patient-centered medical home ● Introduction to economic and social cost management
4. Demonstrate knowledge and application of preventive health practices, related to specific health areas for both the improvement of self and community.	<ul style="list-style-type: none"> ● Distinguish between healthcare systems and healthcare practice ● Discuss core values in American healthcare ● Discuss Public Health issues –vaccination, motor-vehicle safety, safer workplaces, control of infectious diseases, decline in deaths from coronary heart disease and stroke, safer and healthier foods, healthier mothers and babies, family planning, fluoridation of drinking water, recognition of tobacco use as a health hazard. ● Describe different types of care facilities, with an emphasis on their function

5. Increase one's awareness of the benefits of exercise, nutrition, stress reduction and other activities that have been linked to increased community and personal health.	<ul style="list-style-type: none"> ● Discuss Public Health issues –vaccination, motor-vehicle safety, safer workplaces, control of infectious diseases, decline in deaths from coronary heart disease and stroke, safer and healthier foods, healthier mothers and babies, family planning, fluoridation of drinking water, recognition of tobacco use as a health hazard. ●
6. Use technology to obtain both accurate and varied information about the many dimensions of health to expand one's health literacy.	<ul style="list-style-type: none"> ● Describe in overview terms the technology used in the delivery and administration of healthcare <p>Note: Throughout the course students are directed to, and required to use, a multitude of information resources for research, knowledge enhancement, and completing of assignments. There is no textbook to the course and web based educational resources are used extensively.</p>
7. Understand diverse perspectives, the concept of pluralism and social realities that can lead to differences in health equity and outcomes.	<ul style="list-style-type: none"> ● Discuss core values in American healthcare ● Review and compare different models of health care insurance including those used in other countries.
8. Understand the dimensions of successful behavior change strategies.	<ul style="list-style-type: none"> ● Outline key paradigm shifts in healthcare ● Introduction to the patient-centered medical home ● Discuss the role of public health in averting epidemics and bioterrorism
9. Utilize independent and critical thinking skills along with current best practices when making health-related decisions or evaluating health-related recommendations.	<ul style="list-style-type: none"> ● Discuss core values in American healthcare ● Describe the organization of healthcare at the federal, state, and local levels. ● Describe different types of care facilities, with an emphasis on their function ● Define healthcare provider roles, education and licensing ● Describe physician rights ● Describe physician duties ● Describe patient rights ● Describe patient responsibilities
10. Examine the difference between evidence based and non-evidence based research related to one's personal health.	<ul style="list-style-type: none"> ● Describe evidence-based medicine, clinical practice guidelines, and quality indicators in medicine ● Understand comparative effectiveness research

Instructor

Date

Academic Dean

Date