Fresh Spring Asparagus Soup

- bunch Asparagus, chopped
- T Garlic, minced

2

2

1

1

- 1/2 ea Onion, medium dice
- 2 stalk Celery, diced
 - ea Parsnip, diced
 - cups Vegetable Stock
 - ea Lemons zest, then juice. Keep zest and juice separate.
 - T Tarragon, fresh, chopped
 - cup Heavy Cream Salt and Pepper to taste

Sweat onions, parsnip and celery until the onion is translucent. Add garlic and cook until fragrant. Add vegetable stock and bring to simmer, simmer for about 20 minutes. Add in asparagus and cream and continue to cook until the asparagus is barely tender – about 5 minutes. Add in lemon zest, juice and tarragon, remove from heat. Using an immersion blender, puree until the soup is smooth. Add salt & pepper to taste.

Experience More. Meet at the CENTER.



541-463-3500 • www.lanecc.edu/cml

Chef Tim Hill CENTER Banquet Kitchen