

The Massage Therapy Program at Lane will prepare you for a fulfilling career as a Licensed Massage Therapist. Still, success requires that you make significant time outside of classes to study sciences, develop and reflect on interpersonal skills, and engage in hands-on practice. This 6-term course plan is designed to allow you the time to integrate classroom experiences and grow as a practitioner so that you are a confident and well-rounded entry-level therapist.

TERM ONE:

Introduction to Palpation – Upper body.....	35 hours
Massage I	35 hours
Anatomy/Physiology/Pathology I	30 hours

TERM TWO:

Introduction to Communication	30 hours
Introduction to Palpation – Lower body.....	35 hours
Massage II	35 hours
Anatomy/Physiology/Pathology II	30 hours

TERM THREE:

Massage III	35 hours
Anatomy/Physiology/Pathology III	30 hours
Introduction to Acupressure.....	30 hours

TERM FOUR:

Laws & Ethics	20 hours
Massage IV	35 hours
Anatomy/Physiology/Pathology IV	30 hours
Introduction to Community Massage.....	30 hours

TERM FIVE:

Massage V	30 hours
Anatomy/Physiology/Pathology V	30 hours
Kinesiology – Upper Body	30 hours
Introduction to Spa Massage.....	30 hours

TERM SIX:

Massage VI	30 hours
Professional Practices	20 hours
Kinesiology – Lower Body	30 hours
Student Clinic.....	30 hours