

Annie's Shells & White Cheddar

Nutrition Facts

Serving Size 1 cup (71 grams)

Servings Per Container about 4

Calories 270 Calories from Fat 40

Total Fat 4.5g 7%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 500mg 21%

Total Carbohydrate 47g 16%

Dietary Fiber 2g 8%

Sugars 5g

Protein 10g 11%

Vitamin A 4%

Vitamin C 0%

Calcium 15%

Iron 4%

Ingredients: Organic wheat shell
pasta, cheddar cheese, butter, nonfat
milk, salt.

Note: This ingredient list has been
modified for instructional purposes.